

2024 CASCADE INVITATIONAL

Cascade, IA

Fillmore Fairways Golf Course

Weather: Sunny, Wind SSE 10-20mph, 47% & 87

Thursday, September 19, 2024

MEET OFFICIALS**Meet Director:**

Carrie Viel

Meet Referee:

Terry Fisher

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 9/19/2024 6:18 PM

Race #1
MS Girls 2-Mile**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Tipton	24	3-6-7-8(14)(15)	1:01:30	15:23	0:41.3
2 Mazzuchelli Catholic	43	2-11-13-17(19)(20)	1:03:41	15:56	1:41.9
3 Maquoketa	63	9-10-18-26(28)(29)	1:06:54	16:44	2:42.9
4 MS_Monticello	85	1-16-30-38(41)(42)	1:10:01	17:31	7:26.2
5 Maquoketa Valley	98	4-24-33-37	1:14:13	18:34	5:14.2
6 Anamosa	104	5-12-43-44	1:34:33	23:39	18:32.7
7 West Delaware	108*	22-23-31-32(34)(40)	1:15:03	18:46	2:27.1
8 Beckman Catholic	108*	21-25-27-35(36)(39)	1:14:07	18:32	2:57.1
DNP Prince of Peace Catholic					
DNP Jesup					
DNP Wilton					
DNP Cascade					

***Tiebreakers**

West Delaware	22	23	31	32	34	Beckman Catholic
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INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 LYONS, Mary Grace	8	MS_Monticello	1	13:21.8	6:40.9	4:09.0
2 KNOPP, Tinley	7	Mazzuchelli Catholi	2	14:54.0	7:27.0	4:37.6
3 MENTE, Avery	7	Tipton	3	14:54.2	7:27.1	4:37.7
4 BURBRIDGE, Quinn	7	Maquoketa Valley	4	15:21.4	7:40.7	4:46.1
5 LLOYD, Mason	8	Anamosa	5	15:24.9	7:42.5	4:47.2
6 EVELAND, Tesla	7	Tipton	6	15:25.6	7:42.8	4:47.4
7 COSTELLO, Lucy	8	Tipton	7	15:34.0	7:47.0	4:50.1
8 BOHLMANN, Callie	7	Tipton	8	15:35.4	7:47.7	4:50.5
9 HARDIN, Adalyn	7	Maquoketa	9	15:46.5	7:53.2	4:53.9
10 EGGERS, Briley	7	Maquoketa	10	16:01.0	8:00.5	4:58.4
11 GIVENS, Harper	7	Mazzuchelli Catholi	11	16:03.1	8:01.5	4:59.1
12 LADUE, Brylee	8	Anamosa	12	16:03.2	8:01.6	4:59.1
13 LEBECK, Avery	7	Mazzuchelli Catholi	13	16:08.2	8:04.1	5:00.7
14 FITZGERALD, Halle	7	Tipton	(14)	16:12.6	8:06.3	5:02.0
15 THOLEN, Ellie	7	Tipton	(15)	16:21.7	8:10.8	5:04.9
16 RUDEN, Maya	8	Prince of Peace Cat	-	16:24.1	8:12.0	5:05.6
17 WAGAMAN, Natalie	8	Wilton	-	16:32.4	8:16.2	5:08.2
18 GOMEZ, Mia	8	MS_Monticello	16	16:33.5	8:16.7	5:08.5
19 LEMAY, Reece	7	Mazzuchelli Catholi	17	16:35.8	8:17.9	5:09.2
20 WAGNER, Iris	7	Maquoketa	18	16:36.6	8:18.3	5:09.5
21 LESLIE, Evelyn	7	Prince of Peace Cat	-	16:54.2	8:27.1	5:15.0
22 ROHNER, Mya	8	Mazzuchelli Catholi	(19)	17:03.2	8:31.6	5:17.7
23 KEELER, Ella	7	Mazzuchelli Catholi	(20)	17:07.0	8:33.5	5:18.9
24 TRUMM, Vivian	8	Beckman Catholic	21	17:08.4	8:34.2	5:19.4
25 TRUMM, Katelyn	7	Cascade	-	17:13.2	8:36.6	5:20.9

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Race #1
MS Girls 2-Mile**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
26 BOFFELI, Lauren	7	Cascade	-	17:23.7	8:41.8	5:24.1
27 LYNCH, Berkley	8	West Delaware	22	17:29.3	8:44.6	5:25.9
28 DEVORE, Lena	8	Jesup	-	17:37.7	8:48.8	5:28.5
29 DRISCOLL, Jaclynne	8	Tipton	-	17:43.8	8:51.9	5:30.4
30 HOELSCHER, Vivian	7	Mazzuchelli Catholi	-	17:52.3	8:56.1	5:33.0
31 MILROY, Aurora	7	West Delaware	23	17:55.7	8:57.8	5:34.1
32 ENGELMAN, Siena	8	Mazzuchelli Catholi	-	17:57.6	8:58.8	5:34.6
33 FITZPATRICK, Brynn	8	Mazzuchelli Catholi	-	17:58.9	8:59.4	5:35.1
34 HENN, Lila	7	Mazzuchelli Catholi	-	18:12.6	9:06.3	5:39.3
35 FLANNAGAN, Harper	7	Maquoketa Valley	24	18:14.6	9:07.3	5:39.9
36 DIGMANN, Rebecca	7	Beckman Catholic	25	18:17.8	9:08.9	5:40.9
37 FAZIO, Reagan	8	Mazzuchelli Catholi	-	18:18.9	9:09.4	5:41.3
38 VOSS, Claire	8	Mazzuchelli Catholi	-	18:19.2	9:09.6	5:41.3
39 PETERSEN, Emrie	8	Maquoketa	26	18:29.3	9:14.6	5:44.5
40 SCHWARTEN, Grace	7	Beckman Catholic	27	18:34.8	9:17.4	5:46.2
41 TAYLOR, Skylar	7	Maquoketa	(28)	18:36.3	9:18.1	5:46.7
42 BOORN, Kinley	7	Wilton	-	18:39.4	9:19.7	5:47.6
43 JEFFRIES, Averi	8	Tipton	-	18:55.8	9:27.9	5:52.7
44 BURNETT, Kassandra	7	Tipton	-	19:02.8	9:31.4	5:54.9
45 POLL, Ali	7	Maquoketa	(29)	19:11.0	9:35.5	5:57.4
46 CHAPMAN, Peytonn	7	MS_Monticello	30	19:17.8	9:38.9	5:59.5
47 OGUN, Zarah	7	West Delaware	31	19:41.1	9:50.5	6:06.8
48 BRECKENFELDER, Emma	8	West Delaware	32	19:56.3	9:58.1	6:11.5
49 HATFIELD, Kourtney	8	Maquoketa Valley	33	20:00.8	10:00.4	6:12.9
50 SCHULTE, Lily	8	West Delaware	(34)	20:01.2	10:00.6	6:13.0
51 PREGLER, Lauren	7	Mazzuchelli Catholi	-	20:01.4	10:00.7	6:13.1
52 MARTIN, Abby	8	Jesup	-	20:03.1	10:01.5	6:13.6
53 KONRARDY, Elyse	8	Beckman Catholic	35	20:05.5	10:02.7	6:14.4
54 NESBIT, Maddie	8	Jesup	-	20:05.9	10:03.0	6:14.5
55 SCHNEIDER, Stella	8	Mazzuchelli Catholi	-	20:15.1	10:07.5	6:17.3
56 KATRICHIS, Isabella	8	Beckman Catholic	(36)	20:23.6	10:11.8	6:20.0
57 AUDE, Kailey	8	Prince of Peace Cat	-	20:28.4	10:14.2	6:21.5
58 HOEFER, Jena	8	Maquoketa Valley	37	20:35.6	10:17.8	6:23.7
59 MCCARTNEY, Mia	7	Tipton	-	20:37.7	10:18.8	6:24.4
60 MISIAGBECKLER, Magnolia	7	Mazzuchelli Catholi	-	20:45.5	10:22.7	6:26.8
61 WILLIMACK, Addi	7	Maquoketa	-	20:47.0	10:23.5	6:27.2
62 FOSTER, Grace	7	MS_Monticello	38	20:47.9	10:23.9	6:27.5
63 MALDONADO, Lilli	8	Mazzuchelli Catholi	-	21:18.3	10:39.1	6:37.0
64 GEISTKEMPER, Gabrielle	8	Beckman Catholic	(39)	22:20.2	11:10.1	6:56.2
65 DECKER, Gionna	7	West Delaware	(40)	22:47.3	11:23.6	7:04.6
66 LITTLE, Jasmine	7	Tipton	-	22:53.8	11:26.9	7:06.6
67 FOSTER, Rose	7	MS_Monticello	(41)	23:44.4	11:52.2	7:22.4
68 DENEMARK, Allie	8	MS_Monticello	(42)	23:57.2	11:58.6	7:26.3
69 BEHNE, Kenadie	7	Tipton	-	24:09.8	12:04.9	7:30.2
70 FARBER, Bianca	7	Mazzuchelli Catholi	-	24:22.7	12:11.3	7:34.2
71 STEFFENS, Annestin	7	Wilton	-	24:26.2	12:13.1	7:35.3

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KAUDER RACING

OFFICIAL MEET REPORT

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Race #1
MS Girls 2-Mile

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
72 GRUNER, Ella	7	Tipton	-	24:36.9	12:18.4	7:38.6
73 HERRICK, Chavah	7	Anamosa	43	29:07.1	14:33.5	9:02.6
74 OLTMANS, Leah	7	Anamosa	44	33:57.6	16:58.8	10:32.8

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**Race #2
MS Boys 2-Mile****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mazzuchelli Catholic	18	1-4-6-7(14)(19)	54:09	13:33	0:52.5
2 Beckman Catholic	48	2-9-17-20(28)(42)	57:49	14:28	2:25.2
3 Jesup	52	5-10-15-22(25)(31)	58:57	14:45	2:29.0
4 West Delaware	68	3-13-23-29(38)(39)	1:01:10	15:18	3:13.7
5 Maquoketa	76	12-16-18-30(32)(40)	1:01:08	15:17	2:27.7
6 Wilton	85	8-24-26-27(35)(44)	1:03:20	15:50	2:26.9
7 Tipton	101	11-21-33-36(37)	1:06:42	16:41	4:01.9
8 Maquoketa Valley	163	34-41-43-45	1:24:42	21:11	8:32.6
DNP Anamosa					
DNP MS_Monticello					
DNP Cascade					
DNP Midland, Wyoming					
DNP Prince of Peace Catholic					
DNP Calamus-Wheatland					
DNP Central City					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 CEARLOCK, Liam	8	Mazzuchelli Catholi	1	13:00.0	6:30.0	4:02.2
2 KRUSE, Theo	7	Beckman Catholic	2	13:08.8	6:34.4	4:04.9
3 HEMANN, Nolan	8	West Delaware	3	13:29.8	6:44.9	4:11.5
4 OBERFOELL, Truman	8	Mazzuchelli Catholi	4	13:37.5	6:48.7	4:13.9
5 HOSFORD, Isaiah	7	Jesup	5	13:39.0	6:49.5	4:14.3
6 MCNAMARA, Will	8	Mazzuchelli Catholi	6	13:39.1	6:49.5	4:14.4
7 KEISTER, Callan	8	Anamosa	-	13:46.4	6:53.2	4:16.6
8 HOPPERJAN, Vincent	8	Mazzuchelli Catholi	7	13:52.4	6:56.2	4:18.5
9 COLLINS, Andrew	8	Central City	-	14:00.7	7:00.3	4:21.1
10 FIELDS, Noble	7	Wilton	8	14:03.0	7:01.5	4:21.8
11 CASSIDY, Will	7	Beckman Catholic	9	14:15.3	7:07.6	4:25.6
12 ROBERTS, Landon	7	Jesup	10	14:23.0	7:11.5	4:28.0
13 BODECKER, Levi	8	Tipton	11	14:24.4	7:12.2	4:28.4
14 GERARDY, Brenden	8	Maquoketa	12	14:28.5	7:14.2	4:29.7
15 MANTERNACH, Benton	8	Cascade	-	14:33.2	7:16.6	4:31.2
16 CALLAHAN, Tanner	7	Cascade	-	14:33.9	7:16.9	4:31.4
17 URIBE, Brett	8	West Delaware	13	14:39.9	7:20.0	4:33.3
18 OCHOA, Mateo	7	Mazzuchelli Catholi	(14)	14:42.2	7:21.1	4:34.0
19 WOLKEN, Henry	8	MS_Monticello	-	14:44.2	7:22.1	4:34.6
20 ZUCK, Nathan	7	Jesup	15	14:46.8	7:23.4	4:35.4
21 IRWIN, Jaxon	8	Maquoketa	16	14:48.9	7:24.4	4:36.0
22 DOMEYER, Blake	7	Beckman Catholic	17	14:51.1	7:25.5	4:36.7
23 BUTTZ, Kai	7	Maquoketa	18	14:54.6	7:27.3	4:37.8
24 MEYER, Tegan	8	Mazzuchelli Catholi	(19)	15:08.1	7:34.0	4:42.0
25 SMITH, Laurence	8	Mazzuchelli Catholi	-	15:10.8	7:35.4	4:42.8

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**Race #2
MS Boys 2-Mile****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
26 MILBERT, Gavin	8	Beckman Catholic	20	15:33.9	7:46.9	4:50.0
27 CONTER, Carter	8	Cascade	-	15:48.0	7:54.0	4:54.4
28 FARROWE, Finn	7	MS_Monticello	-	15:48.3	7:54.1	4:54.5
29 SARTORI, Corbin	8	Mazzuchelli Catholi	-	15:56.9	7:58.5	4:57.2
30 HENN, Austin	8	Mazzuchelli Catholi	-	16:00.3	8:00.1	4:58.2
31 CARNEY, Kasen	8	Tipton	21	16:02.7	8:01.3	4:59.0
32 GREVE, Nile	7	Prince of Peace Cat	-	16:05.5	8:02.7	4:59.8
33 CASILLAS, Alexi	7	Jesup	22	16:08.0	8:04.0	5:00.6
34 STICKNEY, Calvin	8	West Delaware	23	16:16.6	8:08.3	5:03.3
35 LEGRAND, Dallas	8	Wilton	24	16:17.8	8:08.9	5:03.7
36 DAHL, Cade	7	Jesup	(25)	16:25.0	8:12.5	5:05.9
37 MAROLF, Raylan	7	Wilton	26	16:28.8	8:14.4	5:07.1
38 DODDS, Jude	8	Mazzuchelli Catholi	-	16:29.4	8:14.7	5:07.3
39 LEGRAND, Gage	8	Wilton	27	16:29.8	8:14.9	5:07.4
40 BURLEY, Owen	7	Mazzuchelli Catholi	-	16:32.9	8:16.4	5:08.4
41 HOEGER, Noah	7	Beckman Catholic	(28)	16:33.7	8:16.8	5:08.6
42 RICH, James	8	West Delaware	29	16:43.4	8:21.7	5:11.6
43 SMITH, Tristan	8	Anamosa	-	16:50.6	8:25.3	5:13.8
44 BONNEY, Jasper	8	Maquoketa	30	16:56.1	8:28.0	5:15.5
45 BURGESS, Abel	8	Anamosa	-	17:13.2	8:36.6	5:20.9
46 CASILLAS, Adrian	7	Jesup	(31)	17:17.3	8:38.7	5:22.1
47 PORTZ, Jace	7	Maquoketa	(32)	17:19.7	8:39.8	5:22.9
48 MARCHIK, Colton	8	Tipton	33	17:48.3	8:54.1	5:31.8
49 RIEDESEL, Preston	8	Calamus-Wheatlan	-	17:49.3	8:54.6	5:32.1
50 KLAREN, Brayden	7	Maquoketa Valley	34	17:57.9	8:58.9	5:34.7
51 DERKSEN, Tommy	7	Wilton	(35)	18:17.0	9:08.5	5:40.7
52 FITZ, Max	7	Mazzuchelli Catholi	-	18:23.1	9:11.5	5:42.6
53 BECTHOLD, Carter	7	Tipton	36	18:26.2	9:13.1	5:43.5
54 SORGENFREY, Carver	7	Tipton	(37)	18:35.8	9:17.9	5:46.5
55 SELLERS, Adam	7	West Delaware	(38)	18:36.7	9:18.3	5:46.8
56 IVANOV, Samuel	7	Mazzuchelli Catholi	-	18:56.7	9:28.3	5:53.0
57 TUCKER, Declan	8	West Delaware	(39)	19:04.5	9:32.2	5:55.4
58 NOTZ, Kye	7	Maquoketa	(40)	19:10.8	9:35.4	5:57.4
59 RICHARDSON, Easton	7	Maquoketa	-	19:24.1	9:42.0	6:01.5
60 BOGE, Ike	7	Midland, Wyoming	-	19:42.7	9:51.3	6:07.3
61 HOEFER, Jaron	7	Maquoketa Valley	41	20:04.0	10:02.0	6:13.9
62 SALRIN, Nathan	7	Beckman Catholic	(42)	20:04.1	10:02.1	6:13.9
63 WOODLAND, Levi	8	West Delaware	-	20:08.3	10:04.1	6:15.2
64 HAAS, Colt	8	Maquoketa Valley	43	20:09.0	10:04.5	6:15.4
65 CALLAHAN, Jack	7	Mazzuchelli Catholi	-	20:25.4	10:12.7	6:20.6
66 TUCKER, Kevin	7	Mazzuchelli Catholi	-	21:22.9	10:41.4	6:38.4
67 MARKHAM, Oliver	7	Mazzuchelli Catholi	-	21:30.5	10:45.2	6:40.8
68 OIEN, Grady	7	Wilton	(44)	21:52.0	10:56.0	6:47.4
69 SMITH, Bodin	7	MS_Monticello	-	22:36.6	11:18.3	7:01.3
70 HAMMER, Atticus	8	Mazzuchelli Catholi	-	22:51.2	11:25.6	7:05.8
71 WESTHOFF, Elijah	7	Beckman Catholic	-	23:44.5	11:52.2	7:22.4

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Race #2
MS Boys 2-Mile**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
72 KLEMP, Ben	7	Maquoketa	-	23:48.5	11:54.2	7:23.6
73 EDWARDS, Kade	7	Wilton	-	23:53.3	11:56.6	7:25.1
74 KEPPLER, Bernard	7	Mazzuchelli Catholi	-	25:12.7	12:36.3	7:49.8
75 JOHNSON, Benjamin	7	West Delaware	-	26:05.9	13:02.9	8:06.3
76 HUCKER, Donavon	7	Maquoketa Valley	45	26:30.4	13:15.2	8:13.9
77 KRAPFL, Elijah	8	Beckman Catholic	-	26:42.2	13:21.1	8:17.6

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**Race #3
Girls 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Tipton	72	1-9-15-23-24(38)(40)	1:50:56	22:12	4:40.5
2 Wahlert Dubuque	77	5-12-14-18-28(35)(37)	1:51:56	22:24	3:30.9
3 Monticello	85	6-10-17-21-31(41)(43)	1:53:13	22:39	3:33.2
4 Jesup	142	3-26-27-30-56(58)(60)	1:59:06	23:50	5:59.4
5 Cascade Western Dubuque	157	4-22-29-47-55(57)(76)	2:00:31	24:07	5:57.3
6 Central DeWitt	158	7-19-33-49-50(52)(61)	2:00:34	24:07	4:52.2
7 Beckman Catholic Dyersvil	208	11-42-45-48-62(66)(75)	2:04:57	25:00	5:09.4
8 Maquoketa Valley Delhi	222*	13-32-53-54-70(72)(81)	2:07:19	25:28	6:25.9
9 Regina Iowa City	222*	16-20-44-65-77(79)(82)	2:08:43	25:45	6:41.9
10 Anamosa	227	8-36-51-64-68(71)(73)	2:06:51	25:23	6:56.7
11 Maquoketa	239	2-25-63-69-80(84)	2:09:57	26:00	10:55.8
12 Benton Community	245	34-39-46-59-67(74)(83)	2:09:38	25:56	3:36.2
13 Durant	424	78-85-86-87-88	2:54:17	34:52	8:46.6
DNP Wilton					
DNP Calamus-Wheatland					
DNP Prince of Peace Catholic CI					

***Tiebreakers**

Maquoketa Valley Delhi	13	32	53	54	70	72
Regina Iowa City	16	20	44	65	77	79

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 STEINES, Noelle	SR	Tipton	1	19:11.1	6:10.1	3:50.2
2 HARDIN, Izzy	JR	Maquoketa	2	19:59.5	6:25.7	3:59.9
3 WILSON, Mackenzie	SR	Jesup	3	20:22.7	6:33.1	4:04.5
4 KELCHEN, Hallie	JR	Cascade Western D	4	20:24.4	6:33.7	4:04.9
5 MURPHY, Lucy	JR	Wahlert Dubuque	5	20:37.8	6:38.0	4:07.5
6 KOEHLER, Leah	SR	Monticello	6	20:42.3	6:39.4	4:08.5
7 APPLEBY, Ashlyn	FR	Central DeWitt	7	21:07.6	6:47.6	4:13.5
8 REMLEY, Ava	JR	Anamosa	8	21:09.6	6:48.2	4:13.9
9 OWEN, Laura	SR	Tipton	9	21:25.0	6:53.2	4:17.0
10 RIES, Peyton	SO	Monticello	10	21:27.9	6:54.1	4:17.6
11 REITER, Madelyn	SR	Beckman Catholic	11	21:38.0	6:57.4	4:19.6
12 BERNING, Willa	SO	Wahlert Dubuque	12	21:44.1	6:59.3	4:20.8
13 BURBRIDGE, Audra	FR	Maquoketa Valley D	13	21:58.1	7:03.8	4:23.6
14 BORMANN, Maya	SO	Wahlert Dubuque	14	22:19.1	7:10.5	4:27.8
15 COSS, Audra	JR	Wilton	-	22:36.4	7:16.1	4:31.3
16 HEIN, Ella	SO	Tipton	15	22:39.8	7:17.2	4:31.9
17 ERWIN, Harper	JR	Regina Iowa City	16	22:56.9	7:22.7	4:35.4
18 CAPRON, Ava	SR	Monticello	17	23:00.9	7:24.0	4:36.2
19 ROHNER, Ella	SO	Wahlert Dubuque	18	23:05.9	7:25.6	4:37.2

2024 CASCADE INVITATIONAL

Cascade, IA

Fillmore Fairways Golf Course

Weather: Sunny, Wind SSE 10-20mph, 47% & 87

Thursday, September 19, 2024

MEET OFFICIALS**Meet Director:**

Carrie Viel

Meet Referee:

Terry Fisher

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

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**Race #3
Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
20 APPLEBY, Adalyn	SR	Central DeWitt	19	23:13.0	7:27.9	4:38.6
21 EASTMAN, Ruby	JR	Regina Iowa City	20	23:31.5	7:33.8	4:42.3
22 VERHAGEN, Emmy	SO	Monticello	21	23:46.2	7:38.6	4:45.2
23 TOPPING, Adelyn	FR	Cascade Western D	22	23:47.6	7:39.0	4:45.5
24 HINES, Karli	SR	Tipton	23	23:48.7	7:39.4	4:45.7
25 FITZGERALD, Alexa	SO	Tipton	24	23:51.5	7:40.3	4:46.3
26 BUTTZ, Riley	FR	Maquoketa	25	24:00.2	7:43.1	4:48.0
27 DEVORE, Ella	SO	Jesup	26	24:02.0	7:43.7	4:48.4
28 FORSSBERG, Maia	SO	Jesup	27	24:04.0	7:44.3	4:48.8
29 TUTHILL, Lilyan	JR	Wahlert Dubuque	28	24:08.6	7:45.8	4:49.7
30 CONRAD, Carley	FR	Cascade Western D	29	24:15.0	7:47.8	4:51.0
31 COPP, Kennedy	FR	Jesup	30	24:15.3	7:47.9	4:51.0
32 KUNDE, Kaitlin	SR	Monticello	31	24:15.5	7:48.0	4:51.1
33 HALVERSON, Alexis	SR	Maquoketa Valley D	32	24:16.3	7:48.2	4:51.2
34 CLAUSEN, Jenny	SR	Central DeWitt	33	24:19.3	7:49.2	4:51.8
35 SLOUHA, Sloane	JR	Benton Community	34	24:28.2	7:52.1	4:53.6
36 GRAHAM, Lilly	SR	Wahlert Dubuque	(35)	24:28.3	7:52.1	4:53.7
37 OLTMANNNS, Lauren	SO	Anamosa	36	24:32.8	7:53.6	4:54.6
38 DEAN, Emma	SO	Wahlert Dubuque	(37)	24:33.5	7:53.8	4:54.7
39 BODECKER, Mya	SO	Tipton	(38)	24:44.4	7:57.3	4:56.9
40 SIEVERDING, Kylie	JR	Wahlert Dubuque	-	24:47.7	7:58.4	4:57.5
41 FISHER, June	FR	Benton Community	39	24:48.1	7:58.5	4:57.6
42 HAMILTON, Saidee	SR	Tipton	(40)	24:53.2	8:00.1	4:58.6
43 THIELEN, Claire	SO	Wahlert Dubuque	-	25:02.8	8:03.2	5:00.5
44 SCHEMMELE, Leah	JR	Monticello	(41)	25:06.6	8:04.4	5:01.3
45 SEYDEL, Chloeie	FR	Tipton	-	25:13.1	8:06.5	5:02.6
46 DOMEYER, Autumn	SO	Beckman Catholic	42	25:14.1	8:06.8	5:02.8
47 BELKEN, Tessa	FR	Wahlert Dubuque	-	25:19.1	8:08.4	5:03.8
48 UNSEN, Mallory	SO	Wahlert Dubuque	-	25:19.7	8:08.6	5:03.9
49 STADTMUELLER, Katie	SO	Monticello	(43)	25:21.3	8:09.2	5:04.3
50 BRANDT, Ali	SR	Regina Iowa City	44	25:28.2	8:11.4	5:05.6
51 PITZ, Miya	FR	Beckman Catholic	45	25:28.8	8:11.6	5:05.8
52 HAGEN, Zoey	SR	Tipton	-	25:30.4	8:12.1	5:06.1
53 FOGG, Koda	SR	Tipton	-	25:34.1	8:13.3	5:06.8
54 DEMOSS, Layna	SO	Benton Community	46	25:36.9	8:14.2	5:07.4
55 SUPPLE, Lilly	JR	Cascade Western D	47	25:42.5	8:16.0	5:08.5
56 KEARNEY, Bri	JR	Monticello	-	25:46.3	8:17.2	5:09.3
57 RAHE, Vivienne	FR	Beckman Catholic	48	25:48.4	8:17.8	5:09.7
58 RUGGEBERG, Landre	JR	Central DeWitt	49	25:54.5	8:19.8	5:10.9
59 BIRT, Kinley	JR	Central DeWitt	50	25:59.7	8:21.5	5:11.9
60 UTHOFF, Rheagyn	JR	Anamosa	51	26:07.5	8:24.0	5:13.5
61 BURKE, Grace	FR	Wahlert Dubuque	-	26:10.6	8:25.0	5:14.1
62 FIELDING, Hailey	SO	Central DeWitt	(52)	26:12.6	8:25.6	5:14.5
63 BUSH, McKenna	SR	Maquoketa Valley D	53	26:20.3	8:28.1	5:16.1
64 RONNEBAUM, Bianka	SR	Maquoketa Valley D	54	26:20.6	8:28.2	5:16.1
65 MCDERMOTT, Shelby	JR	Cascade Western D	55	26:21.7	8:28.6	5:16.3

2024 CASCADE INVITATIONAL

Cascade, IA

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Thursday, September 19, 2024

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Meet Referee:

Terry Fisher

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**KAUDER RACING****OFFICIAL MEET REPORT**

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**Race #3
Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
66 NESBIT, Olivia	SR	Jesup	56	26:22.1	8:28.7	5:16.4
67 TRUMM, Annie	JR	Cascade Western D	(57)	26:24.1	8:29.3	5:16.8
68 O'CONNOR, Serenity	FR	Jesup	(58)	26:31.6	8:31.8	5:18.3
69 KING, Emma	FR	Benton Community	59	26:40.3	8:34.5	5:20.0
70 SCHILLING, Layni	JR	Jesup	(60)	26:43.6	8:35.6	5:20.7
71 LEISTIKOW, Adalyn	FR	Central DeWitt	(61)	26:45.8	8:36.3	5:21.2
72 WOMER, Lillie	FR	Beckman Catholic	62	26:47.4	8:36.8	5:21.5
73 HACKMAN, Kalyn	SR	Maquoketa	63	26:51.6	8:38.2	5:22.3
74 VAUGHN, Ingrid	SO	Anamosa	64	26:54.6	8:39.2	5:22.9
75 PRITCHARD, Chloe	SO	Regina Iowa City	65	27:07.0	8:43.1	5:25.4
76 SELL, Everlie	SO	Wahlert Dubuque	-	27:16.6	8:46.2	5:27.3
77 CORTES, Ana	SR	Beckman Catholic	(66)	27:38.8	8:53.4	5:31.7
78 WOLF, Lizzy	JR	Benton Community	67	28:04.4	9:01.6	5:36.9
79 FORT, Audrey	JR	Anamosa	68	28:06.3	9:02.2	5:37.2
80 IHNS, Charlotte	FR	Maquoketa	69	28:09.9	9:03.4	5:38.0
81 BUSH, Breanna	FR	Maquoketa Valley D	70	28:23.9	9:07.9	5:40.8
82 DEVORE, Lizzy	SO	Jesup	-	28:25.1	9:08.2	5:41.0
83 EMBREE, Hadley	FR	Anamosa	(71)	28:26.4	9:08.7	5:41.3
84 KNIPPER, Jada	SR	Maquoketa Valley D	(72)	28:28.3	9:09.3	5:41.7
85 WEHRSPANN, Marta	SO	Jesup	-	28:41.6	9:13.5	5:44.3
86 SUNDSTROM, Kathryne	SO	Anamosa	(73)	28:53.2	9:17.3	5:46.6
87 BARBER, Delaney	SR	Central DeWitt	-	28:53.5	9:17.4	5:46.7
88 DUNNE, Rylie	SR	Central DeWitt	-	29:16.4	9:24.7	5:51.3
89 FRESE, Libi	SO	Benton Community	(74)	29:21.3	9:26.3	5:52.2
90 SCHNEIDER, Andrea	SO	Beckman Catholic	(75)	29:21.6	9:26.4	5:52.3
91 BOYLE, Sarah	FR	Cascade Western D	(76)	29:21.8	9:26.5	5:52.3
92 SMITH, Adeline	FR	Regina Iowa City	77	29:38.8	9:31.9	5:55.7
93 KLOSTERMANN, Marie	SO	Central DeWitt	-	30:09.4	9:41.8	6:01.9
94 SHADY, Kayla	SO	Monticello	-	30:16.4	9:44.0	6:03.3
95 HEIN, Elise	SO	Durant	78	30:24.1	9:46.5	6:04.8
96 WILTGEN, Ava	SR	Regina Iowa City	(79)	30:29.0	9:48.1	6:05.8
97 WHITSON, Leah	JR	Anamosa	-	30:44.8	9:53.2	6:08.9
98 NELSON, Evelyn	SR	Maquoketa	80	30:55.3	9:56.5	6:11.0
99 KELLEY, Madison	FR	Wilton	-	31:16.8	10:03.4	6:15.3
100 FLANNAGAN, Haydin	SO	Maquoketa Valley D	(81)	31:29.2	10:07.4	6:17.8
101 HATFIELD, Jordan	SR	Maquoketa Valley D	-	31:29.6	10:07.6	6:17.9
102 FOGG, Larkyn	SO	Tipton	-	31:38.8	10:10.5	6:19.8
103 WETHAL, Grace	SR	Wahlert Dubuque	-	32:09.4	10:20.4	6:25.9
104 CEARLOCK, Annebelle	JR	Wahlert Dubuque	-	32:12.2	10:21.3	6:26.4
105 BARBER, Kalli	JR	Central DeWitt	-	32:21.1	10:24.1	6:28.2
106 TENNEY, Isabella	FR	Beckman Catholic	-	32:22.2	10:24.5	6:28.4
107 PURSLEY, Melia	SR	Regina Iowa City	(82)	32:22.9	10:24.7	6:28.6
108 VIRTUE, Lydia	SR	Wahlert Dubuque	-	32:26.9	10:26.0	6:29.4
109 MEYER, Adelynne	SO	Central DeWitt	-	32:29.4	10:26.8	6:29.9
110 MCGRANE, Catalina	SO	Beckman Catholic	-	32:34.5	10:28.4	6:30.9
111 WRIGHT, Sarah	SR	Benton Community	(83)	32:37.8	10:29.5	6:31.6

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Cascade, IA

Fillmore Fairways Golf Course

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**Race #3
Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
112 NOLTE, Marissa	FR	Benton Community	-	32:45.9	10:32.1	6:33.2
113 MENSCHING, Cece	JR	Jesup	-	32:48.6	10:33.0	6:33.7
114 PINT, Brooklyn	SO	Jesup	-	32:52.3	10:34.2	6:34.5
115 MAHR, Alli	JR	Jesup	-	33:09.9	10:39.8	6:38.0
116 LESLIE, Aven	FR	Prince of Peace Cat	-	33:12.7	10:40.7	6:38.5
117 GREBNER, Marie	SR	Beckman Catholic	-	33:16.4	10:41.9	6:39.3
118 NELSON, Ella	SO	Maquoketa	(84)	33:22.8	10:44.0	6:40.5
119 CARLIE, McPherson	FR	Central DeWitt	-	33:39.8	10:49.4	6:44.0
120 BESLER, Meghan	SO	Monticello	-	33:50.7	10:52.9	6:46.1
121 GOEDKEN, Chloe	SR	Beckman Catholic	-	34:03.5	10:57.0	6:48.7
122 LERMA, Rebekah	SO	Durant	85	34:11.0	10:59.5	6:50.2
123 KNIPPER, Allison	SO	Beckman Catholic	-	34:13.1	11:00.1	6:50.6
124 RICHARDSON, Jocelynn	SO	Durant	86	34:14.2	11:00.5	6:50.8
125 REED, Rylee	FR	Maquoketa Valley D	-	34:15.7	11:01.0	6:51.1
126 VOELKEL, Jordan	SO	Benton Community	-	35:02.4	11:16.0	7:00.5
127 CHRISTENSEN, Skylar	SO	Monticello	-	35:08.1	11:17.8	7:01.6
128 WARE, McKenna	FR	Durant	87	36:16.9	11:39.9	7:15.4
129 HUGO, Graci	FR	Calamus-Wheatlan	-	36:27.9	11:43.5	7:17.6
130 CLAYTON, Trista	SO	Jesup	-	37:23.1	12:01.2	7:28.6
131 REICHER, Leah	SR	Maquoketa Valley D	-	37:27.0	12:02.5	7:29.4
132 INGLES-LOWDER, Jenna	SO	Durant	88	39:10.7	12:35.8	7:50.1

2024 CASCADE INVITATIONAL

Cascade, IA

Fillmore Fairways Golf Course

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Thursday, September 19, 2024

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**KAUDER RACING****OFFICIAL MEET REPORT**

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**Race #4
Boys 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Central DeWitt	39	3-5-8-9-14(15)(20)	1:30:06	18:02	1:11.6
2 Anamosa	102	10-12-18-24-38(43)(63)	1:34:25	18:53	1:33.1
3 Jesup	114	7-11-28-33-35(69)(84)	1:34:57	19:00	1:36.8
4 Monticello	125	4-17-26-34-44(45)(54)	1:35:19	19:04	2:22.7
5 Tipton	150	6-29-30-39-46(49)(81)	1:36:39	19:20	2:05.2
6 Wahlert Dubuque	160	2-27-36-40-55(58)(65)	1:36:12	19:15	3:36.2
7 Beckman Catholic Dyersvil	222	19-42-48-56-57(59)(66)	1:40:04	20:01	1:40.3
8 Maquoketa Valley Delhi	227	1-16-32-87-91(93)(98)	1:41:17	20:16	6:30.7
9 Benton Community	267	23-50-53-70-71(74)(82)	1:43:05	20:37	2:24.0
10 Durant	269	21-47-61-68-72(78)(79)	1:43:20	20:40	2:26.2
11 Regina Iowa City	283	37-41-62-67-76(86)(88)	1:43:35	20:43	2:02.3
12 Cascade Western Dubuqu	285	13-52-64-73-83	1:43:58	20:48	4:05.1
13 Maquoketa	356*	25-77-80-85-89(90)(94)	1:49:04	21:49	3:48.1
14 Prince of Peace Catholic Cl	356*	22-51-92-95-96(97)	1:51:35	22:19	5:27.8
15 Calamus-Wheatland	365	31-60-75-99-100	1:59:31	23:55	9:55.0
DNP Midland Wyoming					
DNP Wilton					
DNP Central City					

***Tiebreakers**

Maquoketa	25	77	80	85	89	90
Prince of Peace Catholic Clinton	22	51	92	95	96	97

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 SCHAUL, Matthew	SR	Maquoketa Valley D	1	16:46.9	5:23.8	3:21.4
2 BROOKINS, Jayden	JR	Wahlert Dubuque	2	16:53.9	5:26.0	3:22.8
3 OLSON, Kyle	SO	Central DeWitt	3	17:28.5	5:37.1	3:29.7
4 ALTHOFF, Aedan	JR	Monticello	4	17:35.2	5:39.3	3:31.0
5 OLSON, Caleb	SR	Central DeWitt	5	17:44.8	5:42.4	3:33.0
6 BOHLMANN, Caleb	JR	Tipton	6	17:57.3	5:46.4	3:35.5
7 PINT, Nathan	SR	Jesup	7	18:00.9	5:47.5	3:36.2
8 PETSCHER, Parker	SR	Central DeWitt	8	18:04.2	5:48.6	3:36.8
9 WILKE, Adam	JR	Central DeWitt	9	18:08.4	5:49.9	3:37.7
10 WEERS, Nolan	FR	Anamosa	10	18:10.9	5:50.7	3:38.2
11 NUEHRING, Karsten	SR	Jesup	11	18:19.2	5:53.4	3:39.8
12 COUNTRYMAN, Seth	SR	Anamosa	12	18:22.2	5:54.4	3:40.4
13 COOK, Lane	SR	Cascade Western D	13	18:25.3	5:55.4	3:41.0
14 STECHER, Jack	SR	Central City	-	18:34.2	5:58.3	3:42.8
15 ZIDARICH, Ryan	JR	Central DeWitt	14	18:40.0	6:00.1	3:44.0
16 PETERSON, Keegan	SR	Central DeWitt	(15)	18:41.3	6:00.5	3:44.3
17 BAKER, Kenyon	JR	Maquoketa Valley D	16	18:45.8	6:02.0	3:45.2

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**Race #4
Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
18 SCHNOOR, Mace	JR	Monticello	17	18:48.0	6:02.7	3:45.6
19 KEISTER, Braeden	SR	Anamosa	18	18:52.4	6:04.1	3:46.5
20 SCHLARMANN, Andrew	JR	Beckman Catholic	19	18:54.8	6:04.9	3:46.9
21 JOHNSTON, Lucas	JR	Central DeWitt	(20)	19:01.9	6:07.1	3:48.4
22 STARR, Race	SR	Durant	21	19:13.5	6:10.9	3:50.7
23 GREVE, Ryan	SO	Prince of Peace Cat	22	19:14.6	6:11.2	3:50.9
24 OLSON, Caleb	JR	Benton Community	23	19:14.6	6:11.3	3:50.9
25 LASACK, Parker	SO	Anamosa	24	19:15.6	6:11.6	3:51.1
26 ALDLFINGER, Liam	JR	Wilton	-	19:17.2	6:12.1	3:51.4
27 NOTZ, Max	JR	Maquoketa	25	19:20.3	6:13.1	3:52.1
28 GRAVER, Reeve	SR	Monticello	26	19:23.1	6:14.0	3:52.6
29 KLAPATAUSKAS, Nick	SR	Wahlert Dubuque	27	19:24.5	6:14.4	3:52.9
30 O'CONNOR, Vince	SO	Jesup	28	19:25.4	6:14.7	3:53.1
31 MCGEE, Sylis	FR	Tipton	29	19:25.4	6:14.7	3:53.1
32 HAGEN, Zander	SR	Tipton	30	19:29.4	6:16.0	3:53.9
33 MOHR, Mason	JR	Calamus-Wheatlan	31	19:31.4	6:16.6	3:54.3
34 EIKE, Brady	SR	Maquoketa Valley D	32	19:32.2	6:16.9	3:54.4
35 NESBIT, Will	JR	Jesup	33	19:33.5	6:17.3	3:54.7
36 ARRIAGA-RANGEL, Alan	SO	Monticello	34	19:34.9	6:17.8	3:55.0
37 ANDREASEN, Jaxon	SO	Jesup	35	19:37.6	6:18.6	3:55.5
38 MORONEY, Nick	SR	Wahlert Dubuque	36	19:38.7	6:19.0	3:55.7
39 DARDIS, Lincon	SR	Regina Iowa City	37	19:42.7	6:20.3	3:56.5
40 APPELHANS, Garrett	FR	Anamosa	38	19:44.0	6:20.7	3:56.8
41 BOLDT, Owen	SR	Tipton	39	19:44.4	6:20.8	3:56.9
42 CONNELLY, Niles	SO	Wahlert Dubuque	40	19:45.1	6:21.0	3:57.0
43 WHITE, Evan	JR	Regina Iowa City	41	19:47.4	6:21.8	3:57.5
44 DUDZIK, Danny	JR	Beckman Catholic	42	19:49.2	6:22.4	3:57.8
45 BURRELL, Jackson	FR	Anamosa	(43)	19:55.6	6:24.4	3:59.1
46 BERTLING, Rylan	JR	Monticello	44	19:57.8	6:25.1	3:59.6
47 SCHRADER, Nicholas	SO	Monticello	(45)	20:02.3	6:26.6	4:00.4
48 HEFFERMAN, Kendrick	JR	Tipton	46	20:02.4	6:26.6	4:00.5
49 WILLIAMS, Nolan	JR	Durant	47	20:07.4	6:28.2	4:01.5
50 GAUL, Adam	JR	Beckman Catholic	48	20:10.6	6:29.3	4:02.1
51 BUTLER, Zach	SR	Tipton	(49)	20:11.2	6:29.4	4:02.2
52 LANGE, Luke	SR	Benton Community	50	20:11.8	6:29.6	4:02.3
53 LESLIE, Kyler	SO	Prince of Peace Cat	51	20:13.5	6:30.2	4:02.7
54 KAALBERG, Andrew	SR	Cascade Western D	52	20:20.8	6:32.5	4:04.2
55 MEHLERT, Jaxson	FR	Benton Community	53	20:21.3	6:32.7	4:04.2
56 BOHLKEN, Brennan	SR	Monticello	(54)	20:22.8	6:33.2	4:04.5
57 WOLBERS, Gavin	SO	Wahlert Dubuque	55	20:30.0	6:35.5	4:06.0
58 GOERDT, Steffen	SO	Beckman Catholic	56	20:34.3	6:36.9	4:06.9
59 SCHLARMANN, Nathan	FR	Beckman Catholic	57	20:35.0	6:37.1	4:07.0
60 KENNEDY, Sam	SR	Wahlert Dubuque	(58)	20:38.3	6:38.2	4:07.7
61 STECHER, Jase	SO	Central City	-	20:42.0	6:39.4	4:08.4
62 BRUNSMAN, Shawn	SR	Beckman Catholic	(59)	20:43.3	6:39.8	4:08.7
63 YADDOF, Aidan	JR	Calamus-Wheatlan	60	20:45.1	6:40.3	4:09.0

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Cascade, IA

Fillmore Fairways Golf Course

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Thursday, September 19, 2024

MEET OFFICIALS**Meet Director:**

Carrie Viel

Meet Referee:

Terry Fisher

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

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**Race #4
Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
64 GARCIA, Aaron	FR	Durant	61	20:46.2	6:40.7	4:09.2
65 KIBURZ, Royce	SR	Monticello	-	20:48.0	6:41.3	4:09.6
66 OLNEY, Brendan	JR	Regina Iowa City	62	20:50.6	6:42.1	4:10.1
67 GASSMAN, Grant	JR	Monticello	-	20:51.2	6:42.3	4:10.2
68 SUNDSTROM, Kristofer	JR	Anamosa	(63)	20:56.9	6:44.1	4:11.4
69 SEEMANN, Trenton	SO	Monticello	-	20:59.8	6:45.1	4:11.9
70 LYNCH, Cody	FR	Cascade Western D	64	21:00.3	6:45.2	4:12.1
71 KIRBY, Will	SO	Wahlert Dubuque	(65)	21:03.5	6:46.3	4:12.7
72 FREUND, Walter	SR	Wahlert Dubuque	-	21:12.6	6:49.2	4:14.5
73 BROKAW, Griffin	SO	Monticello	-	21:18.8	6:51.2	4:15.7
74 ENGLER, Brenndan	JR	Beckman Catholic	(66)	21:21.9	6:52.2	4:16.4
75 MCDONALD, Bryce	FR	Monticello	-	21:23.0	6:52.5	4:16.6
76 LAUBSCHER, Colin	FR	Regina Iowa City	67	21:29.3	6:54.5	4:17.8
77 MOSIER, Brayden	FR	Durant	68	21:33.2	6:55.8	4:18.6
78 FUELING, Camden	JR	Jesup	(69)	21:34.5	6:56.2	4:18.9
79 ARAIZA, Brian	SO	Benton Community	70	21:38.4	6:57.5	4:19.7
80 PICKART, Noah	JR	Benton Community	71	21:38.6	6:57.5	4:19.7
81 SCHUETT, Mason	SO	Durant	72	21:39.7	6:57.9	4:19.9
82 DOLPHIN, Bradley	JR	Cascade Western D	73	21:41.2	6:58.4	4:20.2
83 MITCHELL, Parker	SR	Benton Community	(74)	21:41.5	6:58.5	4:20.3
84 RICKERTSEN, Alex	JR	Calamus-Wheatlan	75	21:42.3	6:58.7	4:20.4
85 LUENSMANN, Cole	JR	Beckman Catholic	-	21:44.8	6:59.5	4:20.9
86 LOENING, Hugh	SO	Regina Iowa City	76	21:44.9	6:59.6	4:21.0
87 WILLMS, Carter	SO	Midland Wyoming	-	21:45.1	6:59.6	4:21.0
88 MACHAEL, Gavin	FR	Maquoketa	77	21:48.6	7:00.7	4:21.7
89 JIRAK, Oaklan	SO	Wilton	-	21:51.9	7:01.8	4:22.4
90 WETHINGTON, Cory	FR	Durant	(78)	21:52.6	7:02.1	4:22.5
91 HARTUNG, Grayson	SR	Wilton	-	21:53.8	7:02.4	4:22.7
92 NELSON, Sam	SR	Wahlert Dubuque	-	21:56.4	7:03.3	4:23.3
93 RICHMAN, Royce	JR	Durant	(79)	21:58.8	7:04.0	4:23.8
94 FITZPATRICK, William	JR	Wahlert Dubuque	-	22:02.2	7:05.1	4:24.4
95 SCHEPER, Phoenix	FR	Maquoketa	80	22:02.4	7:05.2	4:24.5
96 EMBREE, Griffin	JR	Anamosa	-	22:07.5	7:06.8	4:25.5
97 PLATTS, Bronin	FR	Tipton	(81)	22:08.3	7:07.1	4:25.6
98 SADLER, Jonathon	SO	Benton Community	(82)	22:19.0	7:10.5	4:27.8
99 REINERS, Colin	JR	Benton Community	-	22:19.3	7:10.6	4:27.9
100 AUER, JP	SO	Wahlert Dubuque	-	22:27.9	7:13.4	4:29.6
101 TOPPING, Trenten	SR	Cascade Western D	83	22:30.3	7:14.2	4:30.1
102 PFEIFLE, Sam	SO	Central DeWitt	-	22:33.1	7:15.1	4:30.6
103 SCHWAKE, Ethan	SO	Benton Community	-	22:34.5	7:15.5	4:30.9
104 BUTLER, Nathan	SR	Central DeWitt	-	22:35.5	7:15.8	4:31.1
105 DEFOREST, Connor	JR	Midland Wyoming	-	22:36.4	7:16.1	4:31.3
106 BENTON, Hayden	FR	Jesup	(84)	22:36.5	7:16.2	4:31.3
107 WILLIAMS, Luke	SO	Beckman Catholic	-	22:38.3	7:16.7	4:31.6
108 SCHANBACHER, Jed	FR	Benton Community	-	22:39.1	7:17.0	4:31.8
109 WINCKLER, Brian	SO	Maquoketa	85	22:44.1	7:18.6	4:32.8

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**Race #4
Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
110 SLAGER, Carter	JR	Regina Iowa City	(86)	22:49.8	7:20.4	4:34.0
111 RULEY, Jayson	SR	Midland Wyoming	-	22:50.4	7:20.6	4:34.1
112 FREUND, Duncan	JR	Wahlert Dubuque	-	22:51.4	7:21.0	4:34.3
113 SCHWANDT, Jayden	SO	Maquoketa Valley D	87	22:53.9	7:21.8	4:34.8
114 NEWLIN, Finnegan	SO	Wahlert Dubuque	-	22:54.6	7:22.0	4:34.9
115 RENNER, Cooper	FR	Jesup	-	22:58.1	7:23.1	4:35.6
116 HOFFMAN, Landon	FR	Regina Iowa City	(88)	23:05.2	7:25.4	4:37.0
117 NOTZ, Bradyn	FR	Maquoketa	89	23:08.4	7:26.4	4:37.7
118 WIEBENGA, Thomas	FR	Maquoketa	(90)	23:09.9	7:26.9	4:38.0
119 MULLIGAN, Eli	SO	Wahlert Dubuque	-	23:14.0	7:28.2	4:38.8
120 SPANGLER, Isaac	JR	Tipton	-	23:14.7	7:28.4	4:38.9
121 BROWN, Alexander	JR	Central DeWitt	-	23:17.1	7:29.2	4:39.4
122 SMITH, Owen	FR	Maquoketa Valley D	91	23:17.6	7:29.4	4:39.5
123 RUDEN, Tate	SR	Prince of Peace Cat	92	23:18.1	7:29.5	4:39.6
124 WOODE, Brady	SO	Tipton	-	23:20.6	7:30.3	4:40.1
125 KRAUS, Gabe	SO	Monticello	-	23:39.7	7:36.5	4:43.9
126 OIEN, Briggs	JR	Wilton	-	23:44.3	7:38.0	4:44.9
127 GLEITER, Brady	SR	Jesup	-	23:45.7	7:38.4	4:45.1
128 ZAEHRINGER, Nolan	JR	Midland Wyoming	-	23:46.6	7:38.7	4:45.3
129 WRIGHT, Shane	SO	Maquoketa Valley D	(93)	23:50.4	7:39.9	4:46.1
130 WELTER, Ben	JR	Monticello	-	23:52.5	7:40.6	4:46.5
131 DOMEYER, Parker	SR	Beckman Catholic	-	23:57.5	7:42.2	4:47.5
132 NABB, Jacob	SR	Maquoketa	(94)	24:02.6	7:43.9	4:48.5
133 ZAHASKY, Huck	FR	Regina Iowa City	-	24:03.1	7:44.0	4:48.6
134 ADAMS, Parker	SO	Prince of Peace Cat	95	24:05.8	7:44.9	4:49.1
135 LADUE, Gus	FR	Anamosa	-	24:15.4	7:47.9	4:51.1
136 BABLER, Mason	FR	Wahlert Dubuque	-	24:22.9	7:50.4	4:52.6
137 REICKS, Joel	FR	Wahlert Dubuque	-	24:24.1	7:50.8	4:52.8
138 STROUD, Drew	FR	Central DeWitt	-	24:32.9	7:53.6	4:54.6
139 GREVE, Henry	FR	Prince of Peace Cat	96	24:42.3	7:56.6	4:56.5
140 MELVIN, Patrick	SO	Central DeWitt	-	24:46.3	7:57.9	4:57.3
141 BEN, Paarmann	FR	Central DeWitt	-	24:49.5	7:58.9	4:57.9
142 BARBER, Cooper	FR	Central DeWitt	-	25:03.9	8:03.5	5:00.8
143 BEANBLOSSOM, Matthew	SO	Monticello	-	25:05.3	8:04.0	5:01.0
144 VAN OTTERLOO, Josh	JR	Wahlert Dubuque	-	25:08.9	8:05.2	5:01.8
145 MEIER, Caleb	SO	Tipton	-	25:09.4	8:05.3	5:01.9
146 SHOEMAKER, Wesley	SO	Durant	-	25:24.5	8:10.2	5:04.9
147 REITER, Levi	SO	Beckman Catholic	-	25:28.6	8:11.5	5:05.7
148 DARSIDAN, Liam	SR	Prince of Peace Cat	(97)	25:37.5	8:14.4	5:07.5
149 MCCARRAHER, Ethan	JR	Beckman Catholic	-	26:00.5	8:21.7	5:12.1
150 CAMERON, Peyton	JR	Jesup	-	26:04.0	8:22.9	5:12.8
151 LARSON, Nick	SO	Regina Iowa City	-	26:05.9	8:23.5	5:13.2
152 GILMOUR, Caleb	JR	Central DeWitt	-	26:37.1	8:33.5	5:19.4
153 MEYER, Wesley	SR	Anamosa	-	27:11.5	8:44.6	5:26.3
154 HAMILTON, Jax	FR	Tipton	-	27:16.2	8:46.1	5:27.2
155 TRAN, Henderson	FR	Wahlert Dubuque	-	27:33.5	8:51.7	5:30.7

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**Race #4
Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

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156 WHITAKER, Eli	SR	Regina Iowa City	-	27:35.4	8:52.3	5:31.1
157 TRACY, Luke	FR	Wahlert Dubuque	-	27:36.7	8:52.7	5:31.3
158 BECKER, Nathan	JR	Benton Community	-	27:37.7	8:53.0	5:31.5
159 SAUNDERS, Gabriel	FR	Maquoketa Valley D	(98)	27:50.0	8:57.0	5:34.0
160 SADLER, Ian	FR	Benton Community	-	27:53.0	8:57.9	5:34.6
161 HARTMANN, Michael	SO	Wahlert Dubuque	-	27:56.5	8:59.1	5:35.3
162 SANDS, Kaiser	SR	Calamus-Wheatlan	99	28:05.8	9:02.1	5:37.2
163 EDSTROM, Aaron	SO	Central DeWitt	-	28:09.7	9:03.3	5:37.9
164 MICHEL, Benjamin	SO	Beckman Catholic	-	28:14.8	9:04.9	5:38.9
165 HERRICK, Malachi	SO	Anamosa	-	28:25.9	9:08.5	5:41.2
166 BURKE, David	FR	Central DeWitt	-	29:06.3	9:21.5	5:49.3
167 WILL, Dalton	SO	Calamus-Wheatlan	100	29:26.3	9:27.9	5:53.2
168 REED, Griffin	FR	Central DeWitt	-	29:28.5	9:28.6	5:53.7
169 ERNZEN, Zachary	FR	Wahlert Dubuque	-	30:40.5	9:51.8	6:08.1
170 HINES, Andrew	JR	Benton Community	-	30:59.1	9:57.8	6:11.8
171 HELLE, Zach	SR	Beckman Catholic	-	31:45.1	10:12.6	6:21.0
172 HUERTA, Bryan	SO	Anamosa	-	34:06.2	10:57.9	6:49.2
173 PORTZEN, Luke	SO	Wahlert Dubuque	-	34:19.8	11:02.3	6:52.0
174 GRAVERT, Jack	SO	Central DeWitt	-	34:54.0	11:13.3	6:58.8
175 BAHL, Luke	SO	Wahlert Dubuque	-	37:21.3	12:00.6	7:28.2