

MVAOCOUC XC Meet 2024 - 9/26/2024

Mapleton, IA

Rankings

Event 1 Girls 5k Run CC High School

| Name | Year School | Finals | Points | Alternate |
|-----------------------------|------------------------|----------|--------|-----------|
| Varsity Results 5000 Run | | | | |
| 1 #237 Melody, Iris | 11 South Cent V | 20:09.01 | 1 | |
| 2 #282 Putze, Rachel | 11 Wc-Kp-Rv V | 20:34.40 | 2 | |
| 3 #12 Mendlik, Lola | 12 Denison-Schleswig V | 20:56.43 | 3 | |
| 4 #198 Tesch, Addy | 11 Ridge View V | 21:16.79 | 4 | |
| 5 #23 Tremblay, Alexa | 12 Denison-Schleswig V | 21:32.63 | 5 | |
| 6 #163 Lomholt, Addison | 09 Oabcig V | 21:46.14 | | |
| 7 #73 Lang, Ava | 12 Hinton V | 22:07.71 | 6 | |
| 8 #200 Todd, Clara | 10 Ridge View V | 22:29.36 | 7 | |
| 9 #146 Armstead, Hayden | 09 Mvaocou V | 23:11.76 | | |
| 10 #147 Grell, Emily | 11 Mvaocou V | 23:14.09 | | |
| 11 #114 Ameen, Cheyenne | 12 Lawton Bronson V | 23:16.52 | 8 | |
| 12 #3 Bahnsen, Emily | 12 Denison-Schleswig V | 23:23.71 | 9 | |
| 13 #279 Hannah, CJ | 12 Wc-Kp-Rv V | 23:58.13 | 10 | |
| 14 #196 Chavez, Destiny | 09 Ridge View V | 24:01.22 | 11 | |
| 15 #119 Smith, Addison | 12 Lawton Bronson V | 24:05.61 | 12 | |
| 16 #199 Tesch, Cora | 09 Ridge View V | 24:09.65 | 13 | |
| 17 #52 Veit, Libbie | 10 East Sac County V | 24:09.74 | | |
| 18 #238 Patterson, Breanne | 12 South Cent V | 24:16.65 | 14 | |
| 19 #201 Vohs, Tiegana | 10 Ridge View V | 24:26.82 | 15 | |
| 20 #117 Mesz, Kaylee | 10 Lawton Bronson V | 24:42.23 | 16 | |
| 21 #74 Regier, Reese | 10 Hinton V | 24:53.27 | 17 | |
| 22 #195 Biede, Alyssa | 11 Ridge View V | 24:58.27 | 18 | |
| 23 #21 Schrum, Charlotte | 11 Denison-Schleswig V | 24:59.80 | 19 | |
| 24 #277 Cameron, Addisyn | 10 Wc-Kp-Rv V | 25:08.28 | 20 | |
| 25 #235 Hauptert, Jossa | 10 South Cent V | 25:16.94 | 21 | |
| 26 #14 Morales-Garcia, Lei | 12 Denison-Schleswig V | 25:21.01 | 22 | |
| 27 #115 Haveman, Lela | 12 Lawton Bronson V | 25:21.06 | 23 | |
| 28 #239 Sjostedt, Elin | 12 South Cent V | 25:27.51 | 24 | |
| 29 #197 Ruble, Regan | 10 Ridge View V | 25:36.53 | 25 | |
| 30 #298 Christoffersen, Kee | 11 Westwood V | 25:50.95 | 26 | |
| 31 #321 Dorsch, Taliyah | 09 Winnebago V | 25:59.03 | | |
| 32 #118 O'Brien, Aubree | 09 Lawton Bronson V | 26:06.31 | 27 | |
| 33 #165 Schnabel, Olivia | 11 Oabcig V | 26:09.09 | | |
| 34 #303 McFarland, Josie | 10 Westwood V | 26:11.46 | 28 | |
| 35 #240 Wheelock, Adlen | 12 South Cent V | 26:28.96 | 29 | |
| 36 #222 Eisenga, Taya | 11 Siouxland V | 26:29.40 | | |
| 37 #10 Mahrt, Stella | 09 Denison-Schleswig V | 26:43.93 | 30 | |
| 38 #301 Marnell, Alexandria | 12 Westwood V | 26:56.00 | 31 | |
| 39 #324 Redhorn, Zaniyah | 09 Winnebago V | 27:24.55 | | |
| 40 #71 Hodgson, Isabell | 10 Hinton V | 28:08.64 | 32 | |
| 41 #283 Ryan, Jaide | 10 Wc-Kp-Rv V | 28:17.00 | 33 | |
| 42 #278 Cooke, Lily | 09 Wc-Kp-Rv V | 28:17.11 | 34 | |
| 43 #236 Janssen, McKinley | 12 South Cent V | 28:33.70 | 35 | |
| 44 #323 Littlebear, Marleig | 09 Winnebago V | 28:45.91 | | |
| 45 #228 Spencer, Lillie | 10 South Cent V | 29:03.60 | 36 | |
| 46 #72 Jarvis, Haylee | 12 Hinton V | 29:06.45 | 37 | |
| 47 #297 Anderson, Alyssa | 09 Westwood V | 29:07.99 | 38 | |
| 48 #75 Sypersma, Kayla | 11 Hinton V | 29:10.47 | 39 | |
| 49 #69 Clark, Mikaela | 10 Hinton V | 29:28.36 | 40 | |
| 50 #322 Grant, Gianna | 10 Winnebago V | 29:42.63 | | |
| 51 #302 McDonald, Kora | 09 Westwood V | 29:50.66 | 41 | |
| 52 #11 Meadows, Jenna | 10 Denison-Schleswig V | 30:04.82 | 42 | |

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Rankings

....Event 1 Girls 5k Run CC High School

| | | | | | | | | | |
|---|-------------------------|------------|----|----|----|----|----|----|----|
| 4 | South Central Calhoun V | 89 | 1 | 14 | 21 | 24 | 29 | 35 | 36 |
| | Total Time: | 2:01:39.07 | | | | | | | |
| | Average: | 24:19.82 | | | | | | | |
| 5 | Wc-Kp-Rv V | 99 | 2 | 10 | 20 | 33 | 34 | 45 | |
| | Total Time: | 2:06:14.92 | | | | | | | |
| | Average: | 25:14.99 | | | | | | | |
| 6 | Hinton V | 131 | 6 | 17 | 32 | 37 | 39 | 40 | |
| | Total Time: | 2:13:26.54 | | | | | | | |
| | Average: | 26:41.31 | | | | | | | |
| 7 | Westwood V | 164 | 26 | 28 | 31 | 38 | 41 | 43 | 44 |
| | Total Time: | 2:17:57.07 | | | | | | | |
| | Average: | 27:35.42 | | | | | | | |

MVAOCOUC XC Meet 2024 - 9/26/2024

Mapleton, IA

Rankings

Event 2 Boys 5k Run CC High School

| Name | Year | School | Finals | Points | Alternate |
|-----------------------------|------|---------------------|----------|--------|-----------|
| Varsity Results 5000 Run | | | | | |
| 1 #245 Potts, Redge | 11 | South Cent V | 16:54.41 | 1 | |
| 2 #58 Sporrer, Landon | 11 | East Sac County V | 17:10.35 | 2 | |
| 3 #150 Forbes, Charlie | 12 | Mvaocou V | 17:21.95 | 3 | |
| 4 #46 Sanchez, Kevin | 10 | Denison-Schleswig V | 17:26.30 | 4 | |
| 5 #55 Engel, Owen | 11 | East Sac County V | 17:33.38 | 5 | |
| 6 #54 Aragon, Riley | 11 | East Sac County V | 17:49.70 | 6 | |
| 7 #152 Hamann, Kael | 12 | Mvaocou V | 17:54.60 | 7 | |
| 8 #166 Bergman, Gabriel | 09 | Oabcig V | 18:01.75 | 8 | |
| 9 #42 Olsen, Ethan | 12 | Denison-Schleswig V | 18:08.26 | 9 | |
| 10 #329 Medina, Kellen | 12 | Winnebago V | 18:10.94 | 10 | |
| 11 #125 Carlson, Breighton | 10 | Lawton Bronson V | 18:12.08 | 11 | |
| 12 #169 Maier, Hunter | 11 | Oabcig V | 18:14.68 | 12 | |
| 13 #76 Bower, Caleb | 11 | Hinton V | 18:25.32 | 13 | |
| 14 #325 Free-Bass, Rachman | 11 | Winnebago V | 18:32.71 | 14 | |
| 15 #204 Hanson, Odin | 11 | Ridge View V | 18:44.95 | 15 | |
| 16 #122 Bieler, Lane | 12 | Lawton Bronson V | 18:55.43 | 16 | |
| 17 #123 Buffington, Ethan | 10 | Lawton Bronson V | 19:05.42 | 17 | |
| 18 #287 Metcalf, Devin | 11 | Wc-Kp-Rv V | 19:10.81 | 18 | |
| 19 #208 Witzke, Talan | 09 | Ridge View V | 19:11.37 | 19 | |
| 20 #206 Peterson, Landyn | 10 | Ridge View V | 19:15.51 | 20 | |
| 21 #327 LaPointe, Adrian | 09 | Winnebago V | 19:24.09 | 21 | |
| 22 #124 Buono, Hunter | 10 | Lawton Bronson V | 19:30.59 | 22 | |
| 23 #121 Adams, Zach | 10 | Lawton Bronson V | 19:33.99 | 23 | |
| 24 #153 Koithan, Joey | 11 | Mvaocou V | 19:47.67 | 24 | |
| 25 #37 Ledesma, Ivan | 11 | Denison-Schleswig V | 19:51.54 | 25 | |
| 26 #284 Baker, Boston | 11 | Wc-Kp-Rv V | 19:54.38 | 26 | |
| 27 #224 Laurich, Ethan | 09 | Siouxland V | 19:54.94 | | |
| 28 #223 Koehler, Erik | 10 | Siouxland V | 20:05.80 | | |
| 29 #247 Thielen, Joe | 11 | South Cent V | 20:06.98 | 27 | |
| 30 #257 Davenport, Landen | 09 | South O'Brien V | 20:09.57 | 28 | |
| 31 #326 Free-Bass, Rahkim | 10 | Winnebago V | 20:10.83 | 29 | |
| 32 #289 Vanhouten, Collin | 11 | Wc-Kp-Rv V | 20:13.39 | 30 | |
| 33 #148 Babl, Max | 11 | Mvaocou V | 20:14.99 | 31 | |
| 34 #127 Patelski, Lucas | 10 | Lawton Bronson V | 20:17.05 | 32 | |
| 35 #202 Bisenius, Brody | 12 | Ridge View V | 20:23.29 | 33 | |
| 36 #328 LaPointe, Darrius (| 09 | Winnebago V | 20:27.90 | 34 | |
| 37 #57 Hemer, Xander | 11 | East Sac County V | 20:33.56 | 35 | |
| 38 #305 Clayton, Jacob | 10 | Westwood V | 20:33.85 | 36 | |
| 39 #205 Hove, Bertram | 11 | Ridge View V | 20:35.20 | 37 | |
| 40 #151 Friedrichs, Zander | 09 | Mvaocou V | 20:51.71 | 38 | |
| 41 #29 Castillo, Raul | 9 | Denison-Schleswig V | 20:53.67 | 39 | |
| 42 #80 Nelson, Cooper | 12 | Hinton V | 20:55.90 | 40 | |
| 43 #27 Bernal-Serrato, Isr | 9 | Denison-Schleswig V | 21:01.94 | 41 | |
| 44 #256 Cobb, Trayton | 10 | South O'Brien V | 21:05.02 | 42 | |
| 45 #260 Warnke, Corbin | 10 | South O'Brien V | 21:09.58 | 43 | |
| 46 #79 Leitru, Brett | 11 | Hinton V | 21:15.59 | 44 | |
| 47 #258 Rohwer, Bensen | 12 | South O'Brien V | 21:20.75 | 45 | |
| 48 #126 Doenhoefer, Robby | 12 | Lawton Bronson V | 21:21.85 | 46 | |
| 49 #171 Porter, Will | 10 | Oabcig V | 21:24.18 | 47 | |
| 50 #149 Cowgill, Evan | 11 | Mvaocou V | 21:25.97 | 48 | |
| 51 #259 Schwarz, Ethan | 12 | South O'Brien V | 21:30.08 | 49 | |
| 52 #241 Evans, Landen | 12 | South Cent V | 21:38.65 | 50 | |

MVAOCOUC XC Meet 2024 - 9/26/2024**Mapleton, IA****Rankings****....Event 2 Boys 5k Run CC High School**

| | | | | |
|----|--------------------------|------------------------|----------|----|
| 53 | #77 Greigg, Ian | 12 Hinton V | 21:50.75 | 51 |
| 54 | #242 Greene, Derek | 11 South Cent V | 21:50.89 | 52 |
| 55 | #45 Salas, Raul | 9 Denison-Schleswig V | 21:51.32 | 53 |
| 56 | #53 Ackerman, Kenton | 10 East Sac County V | 21:51.75 | 54 |
| 57 | #38 Luetje, Jax | 11 Denison-Schleswig V | 21:54.25 | 55 |
| 58 | #288 Susie, Drake | 10 Wc-Kp-Rv V | 22:05.03 | 56 |
| 59 | #207 Werner, Tristan | 11 Ridge View V | 22:15.46 | 57 |
| 60 | #290 Willis, Kaedyn | 11 Wc-Kp-Rv V | 22:47.89 | 58 |
| 61 | #285 Edwards, Colton | 11 Wc-Kp-Rv V | 23:10.73 | 59 |
| 62 | #168 Johnson, Zachariah | 09 Oabcig V | 23:24.26 | 60 |
| 63 | #78 Kennedy, Adam | 10 Hinton V | 23:29.17 | 61 |
| 64 | #81 Sudbeck, Carson | 12 Hinton V | 23:40.27 | 62 |
| 65 | #170 Neville, Jaxin | 09 Oabcig V | 23:56.60 | 63 |
| 66 | #246 Smith, Jacob | 10 South Cent V | 24:21.24 | 64 |
| 67 | #243 Hammen, Kayden | 12 South Cent V | 24:33.61 | 65 |
| 68 | #310 Rich, Isaac | 11 Whiting V | 24:34.99 | |
| 69 | #261 Mitchell, Marque | 09 Walthill V | 25:15.82 | |
| 70 | #248 Flinders, Asa | 11 South O'Brien V | 25:30.34 | 66 |
| 71 | #172 Samway, Quintin | 12 Oabcig V | 25:55.88 | 67 |
| 72 | #56 Freese, Tucker | 11 East Sac County V | 26:31.05 | 68 |
| 73 | #203 Dutler, Tyler | 09 Ridge View V | 26:33.23 | 69 |
| 74 | #254 Bailey, Bode | 12 South O'Brien V | 26:38.23 | 70 |
| 75 | #304 Christoffersen, Kor | 11 Westwood V | 26:44.28 | 71 |
| 76 | #262 Tarin, Braxton | 10 Walthill V | 27:01.41 | |
| 77 | #308 Seggerman, Noah | 12 Westwood V | 27:07.31 | 72 |
| 78 | #59 Ulmer, Jordan | 11 East Sac County V | 29:02.01 | 73 |
| 79 | #167 Elgers, Gus | 09 Oabcig V | 31:10.38 | 74 |
| 80 | #307 Matthias, Cael | 12 Westwood V | 33:06.64 | 75 |
| 81 | #306 Kepner, Easton | 11 Westwood V | 33:38.75 | 76 |

Junior Varsity Results 5000 Run

| | | | | |
|----|--------------------------|----------------------|----------|----|
| 1 | #32 Garcia, Angel | 9 Denison-Schleswig | 18:46.02 | 1 |
| 2 | #35 Hernandez, Miguel | 10 Denison-Schleswig | 20:49.62 | 2 |
| 3 | #30 Corona, Abdiel | 9 Denison-Schleswig | 21:06.41 | 3 |
| 4 | #31 Cruz, Eduardo | 11 Denison-Schleswig | 21:17.14 | 4 |
| 5 | #43 Ramos, Omar | 10 Denison-Schleswig | 21:32.35 | 5 |
| 6 | #112 Zamyatin, Simon | 10 Lawton Bronson | 21:37.93 | 6 |
| 7 | #317 Snake, Ho-Hump | 11 Winnebago | 21:58.47 | |
| 8 | #34 Hernandez, Jaime | 9 Denison-Schleswig | 22:21.49 | 7 |
| 9 | #109 Strehlow, Bodie | 9 Lawton Bronson | 22:24.40 | 8 |
| 10 | #94 Eggleston, Luther | 9 Lawton Bronson | 22:57.35 | 9 |
| 11 | #139 Kock, Brayden | 09 Mvaocou | 22:58.27 | 10 |
| 12 | #140 Masters, Rick | 09 Mvaocou | 23:36.36 | 11 |
| 13 | #111 White, Oliver | 09 Lawton Bronson | 24:02.25 | 12 |
| 14 | #98 Harvey, Michael | 10 Lawton Bronson | 24:07.77 | 13 |
| 15 | #189 Najera-Torres, Dani | 12 Ridge View | 24:11.70 | |
| 16 | #185 Heitman, Ayden | 09 Ridge View | 24:14.94 | |
| 17 | #68 Leitru, Alex | 09 Hinton | 24:27.17 | |
| 18 | #269 Crow, Aleks | 11 Wc-Kp-Rv | 24:32.58 | |
| 19 | #315 Penn-Kennedy, Elias | 10 Winnebago | 24:34.60 | |
| 20 | #28 Cabrera, Erik | 09 Denison-Schleswig | 25:42.63 | 14 |
| 21 | #313 Aldrich, Duta | 09 Winnebago | 25:57.19 | |
| 22 | #96 Franks, Tristen | 9 Lawton Bronson | 26:19.81 | 15 |
| 23 | #275 Ryan, Andrew | 10 Wc-Kp-Rv | 26:32.43 | |
| 24 | #136 Friedrichs, Micah | 10 Mvaocou | 26:36.82 | 16 |
| 25 | #186 Heitmann, Carter | 09 Ridge View | 27:01.88 | |

MVAOCOU XC Meet 2024 - 9/26/2024

Mapleton, IA

Rankings

....Event 2 Boys 5k Run CC High School

| | | | | | | | | | |
|----|-----------------|------------|----|----|----|----|----|----|----|
| 10 | South O'Brien V | 207 | 28 | 42 | 43 | 45 | 49 | 66 | 70 |
| | Total Time: | 1:45:15.00 | | | | | | | |
| | Average: | 21:03.00 | | | | | | | |
| 11 | Hinton V | 209 | 13 | 40 | 44 | 51 | 61 | 62 | |
| | Total Time: | 1:45:56.73 | | | | | | | |
| | Average: | 21:11.35 | | | | | | | |
| 12 | Westwood V | 330 | 36 | 71 | 72 | 75 | 76 | | |
| | Total Time: | 2:21:10.83 | | | | | | | |
| | Average: | 28:14.17 | | | | | | | |

MVAOCOUC XC Meet 2024 - 9/26/2024

Mapleton, IA

Rankings

Event 3 Mixed 3200 Meter Run CC Middle School

| Name | Year | School | Finals | Points | Alternate |
|-----------------------------|------|---------------------|----------|--------|-----------|
| Results - Women 3200 Run | | | | | |
| 1 #130 Forbes, Sylvia | W8 | Mvaocou | 15:59.17 | | |
| 2 #63 Riediger, Stella | W08 | Hinton | 16:35.83 | | |
| 3 #211 Irvin, Hope | W8 | Siouxland Christian | 16:42.02 | 1 | |
| 4 #129 Dose, Avery | W07 | Mvaocou | 17:29.45 | | |
| 5 #158 Ludwig, Camryn | W08 | Oa-Bcig | 18:27.41 | 2 | |
| 6 #82 Buono, Hannah | W8 | Lawton Bronson | 18:29.22 | 3 | |
| 7 #155 Chesney, Stella | W07 | Oa-Bcig | 18:33.31 | 4 | |
| 8 #177 Lundt, Avery | W07 | Ridge View | 18:50.60 | 5 | |
| 9 #156 Jepsen, Embrosia | W07 | Oa-Bcig | 18:50.80 | 6 | |
| 10 #225 Kistenmacher, Abiga | W08 | South Centra | 19:01.38 | | |
| 11 #178 Martin, Liz | W08 | Ridge View | 19:01.93 | 7 | |
| 12 #213 Reynolds, Anna | W8 | Siouxland Christian | 19:03.50 | 8 | |
| 13 #159 Morgan, Melanie | W07 | Oa-Bcig | 19:04.88 | 9 | |
| 14 #181 Tesch, Ivy | W07 | Ridge View | 19:07.27 | 10 | |
| 15 #227 Smith, Sophia | W08 | South Centra | 19:20.98 | | |
| 16 #263 Fleck, Brindle | W07 | Wc-Kp-Rv | 19:36.35 | | |
| 17 #209 Broekemeier, Ava | W8 | Siouxland Christian | 19:58.50 | 11 | |
| 18 #212 Keegan, Kinley | W08 | Siouxland Christian | 20:28.44 | 12 | |
| 19 #266 Lux, Elizabeth | W07 | Wc-Kp-Rv | 20:33.72 | | |
| 20 #176 Hein, Taylour | W | Ridge View | 21:01.06 | 13 | |
| 21 #89 Peterson, Ellie | W07 | Lawton Bronson | 21:34.67 | 14 | |
| 22 #950 Lomholt, Mckenzie | W07 | Oa-Bcig | 21:44.42 | 15 | |
| 23 #60 Gant, Anita | W07 | Hinton | 21:54.62 | | |
| 24 #154 Barbeau, Lexi | W07 | Oa-Bcig | 22:00.04 | 16 | |
| 25 #83 Castle, Aaliyah | W07 | Lawton Bronson | 22:08.53 | 17 | |
| 26 #210 Hall, Ruby | W08 | Siouxland Christian | 23:27.19 | 18 | |
| 27 #86 Eggleston, Phoebe | W07 | Lawton Bronson | 24:33.93 | 19 | |
| 28 #85 DeMarest, Ava | W8 | Lawton Bronson | 24:34.31 | 20 | |
| 29 #291 Munkvold, Mila | W08 | Westwood | 24:36.84 | | |
| 30 #179 Peterson, Layla | W07 | Ridge View | 24:49.62 | 21 | |
| 31 #292 Ritchie, Jaylie | W08 | Westwood | 25:43.59 | | |
| 32 #216 Walters, Alanna | W07 | Siouxland Christian | 26:27.72 | 22 | |
| Results - Men 3200 Run | | | | | |
| 1 #110 Vermilyea, Ben | M07 | Lawton Bronson | 14:41.94 | 1 | |
| 2 #232 Spencer, Declan | M8 | South Centra | 14:59.80 | | |
| 3 #295 Seaton, Braxton | M07 | Westwood | 15:41.53 | | |
| 4 #92 Brockhaus, Craig | M8 | Lawton Bronson | 15:57.20 | 2 | |
| 5 #145 Weber, Bradyn | M07 | Mvaocou | 15:59.55 | 3 | |
| 6 #183 Aschinger, Pryce | M07 | Ridge View | 16:13.41 | 4 | |
| 7 #274 Paris, Aydan | M08 | Wc-Kp-Rv | 16:13.97 | 5 | |
| 8 #233 Thielen, Brent | M08 | South Centra | 16:32.12 | | |
| 9 #102 McChesney, Michael | M07 | Lawton Bronson | 16:34.75 | 6 | |
| 10 #104 Olesen, Lennox | M8 | Lawton Bronson | 16:51.12 | 7 | |
| 11 #161 Blackmore, Colt | M07 | Oa-Bcig | 17:03.02 | | |
| 12 #249 Kilts, Morgan | M8 | South O'Brien | 17:25.47 | | |
| 13 #193 Schweitzberger, Gus | M07 | Ridge View | 17:28.87 | 8 | |
| 14 #141 Meseck, Ryder | M8 | Mvaocou | 17:47.59 | 9 | |
| 15 #230 Halbur, Max | M07 | South Centra | 18:00.71 | | |
| 16 #250 Rodger, Chase | M8 | South O'Brien | 18:03.60 | | |
| 17 #276 Vanhouten, Nolan | M07 | Wc-Kp-Rv | 18:05.43 | 10 | |
| 18 #190 Nedved, Leo | M08 | Ridge View | 18:07.55 | 11 | |
| 19 #296 Willis, Luke | M08 | Westwood | 18:08.66 | | |

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Rankings

....Event 3 Mixed 3200 Meter Run CC Middle School

| | | | | | | |
|----|------|-------------------|-----|---------------------|----------|----|
| 20 | #135 | Evans, Jace | M07 | Mvaocou | 18:09.40 | 12 |
| 21 | #192 | Ruble, Finley | M07 | Ridge View | 18:29.68 | 13 |
| 22 | #271 | Hefner, Isaiah | M08 | Wc-Kp-Rv | 18:35.69 | 14 |
| 23 | #251 | Wilson, Orren | M8 | South O'Brien | 18:38.12 | |
| 24 | #95 | Fitch, Tallon | M08 | Lawton Bronson | 18:38.77 | 15 |
| 25 | #90 | Adams, Danny | M07 | Lawton Bronson | 18:40.62 | 16 |
| 26 | #103 | Oberg, Kayge | M07 | Lawton Bronson | 18:43.83 | 17 |
| 27 | #187 | Jensen, Karver | M07 | Ridge View | 18:47.38 | 18 |
| 28 | #231 | Ramthun, Kaden | M8 | South Centra | 18:49.12 | |
| 29 | #191 | Pickhinke, Brady | M08 | Ridge View | 18:52.18 | 19 |
| 30 | #99 | Harvey, Tucker | M8 | Lawton Bronson | 18:59.61 | |
| 31 | #162 | Todd, Jacob | M07 | Oa-Bcig | 19:01.54 | |
| 32 | #138 | Hardy, Ian | M8 | Mvaocou | 19:04.20 | 20 |
| 33 | #318 | Vink, Vaarian | M07 | Winnebago | 19:08.49 | |
| 34 | #160 | Baker, Wayne | M07 | Oa-Bcig | 19:23.69 | |
| 35 | #107 | Rasmus, Jacob | M8 | Lawton Bronson | 19:34.18 | |
| 36 | #219 | Gill, Han | M07 | Siouxland Christian | 19:34.49 | |
| 37 | #273 | O'Mara, Michael | M07 | Wc-Kp-Rv | 19:49.16 | 21 |
| 38 | #270 | Edwards, Tucker | M07 | Wc-Kp-Rv | 20:17.60 | 22 |
| 39 | #268 | Bowers, Caleb | M08 | Wc-Kp-Rv | 20:19.50 | 23 |
| 40 | #220 | Goodman, Jordan | M07 | Siouxland Christian | 20:42.07 | |
| 41 | #93 | Duncan, Koein | M8 | Lawton Bronson | 20:49.79 | |
| 42 | #100 | Howard, Cohen | M07 | Lawton Bronson | 21:11.39 | |
| 43 | #314 | Driftwood, Aaron | M07 | Winnebago | 21:18.52 | |
| 44 | #106 | Patelski, Joseph | M08 | Lawton Bronson | 21:34.32 | |
| 45 | #949 | Gonzalez, Gabriel | M07 | Hinton | 21:51.01 | |
| 46 | #143 | Peitsch, Josiah | M8 | Mvaocou | 22:22.30 | 24 |
| 47 | #101 | Ibanez, Landon | M07 | Lawton Bronson | 23:23.03 | |
| 48 | #294 | Maynard, Max | M08 | Westwood | 24:12.97 | |
| 49 | #142 | Koenigs, Quinlan | M8 | Mvaocou | 24:36.18 | 25 |
| 50 | #351 | Bowers, Carson | M07 | Wc-Kp-Rv | 26:55.56 | 26 |

Team Scores

| Rank | Team | Total | 1 | 2 | 3 | 4 | 5 | *6 | *7 | *8 | *9 |
|------|------|-------|---|---|---|---|---|----|----|----|----|
|------|------|-------|---|---|---|---|---|----|----|----|----|

Results - Men 3200 Run

| | | | | | | | | | | | |
|---|----------------|------------|---|----|----|----|----|----|----|--|--|
| 1 | Lawton Bronson | 31 | 1 | 2 | 6 | 7 | 15 | 16 | 17 | | |
| | Total Time: | 1:22:43.78 | | | | | | | | | |
| | Average: | 16:32.76 | | | | | | | | | |
| 2 | Ridge View | 54 | 4 | 8 | 11 | 13 | 18 | 19 | | | |
| | Total Time: | 1:29:06.89 | | | | | | | | | |
| | Average: | 17:49.38 | | | | | | | | | |
| 3 | Mvaocou | 68 | 3 | 9 | 12 | 20 | 24 | 25 | | | |
| | Total Time: | 1:33:23.04 | | | | | | | | | |
| | Average: | 18:40.61 | | | | | | | | | |
| 4 | Wc-Kp-Rv | 72 | 5 | 10 | 14 | 21 | 22 | 23 | 26 | | |
| | Total Time: | 1:33:01.85 | | | | | | | | | |
| | Average: | 18:36.37 | | | | | | | | | |

Results - Women 3200 Run

MVAOCOU XC Meet 2024 - 9/26/2024

Mapleton, IA

Rankings

|Event 3 Mixed 3200 Meter Run CC Middle School | | | | | | | | |
|--|---------------------|------------|---|----|----|----|----|----|
| 1 | Oa-Bcig | 36 | 2 | 4 | 6 | 9 | 15 | 16 |
| | Total Time: | 1:36:40.82 | | | | | | |
| | Average: | 19:20.17 | | | | | | |
| 2 | Siouxland Christian | 50 | 1 | 8 | 11 | 12 | 18 | 22 |
| | Total Time: | 1:39:39.65 | | | | | | |
| | Average: | 19:55.93 | | | | | | |
| 3 | Ridge View | 56 | 5 | 7 | 10 | 13 | 21 | |
| | Total Time: | 1:42:50.48 | | | | | | |
| | Average: | 20:34.10 | | | | | | |
| 4 | Lawton Bronson | 73 | 3 | 14 | 17 | 19 | 20 | |
| | Total Time: | 1:51:20.66 | | | | | | |
| | Average: | 22:16.14 | | | | | | |