

## Sioux City Middle School Cross Country - 9/25/2024

2024 Meet #3

Sergeant Bluff-Luton Rec Complex

## Event 6 Girls 2 Mile Run CC Junior High

Name	Year	School	Finals	Points
8th Grade Results 2 Mile Run				
1 Polzin, Briella	8	Sgt. Bluff-Luton	13:24.85	1
2 Wall, Adrienne	8	North Middle	15:12.93	2
3 Gann, Cheryl	8	North Middle	15:44.44	3
4 Proskovec, Kate	8	Bishop Heelan	16:43.21	
5 Britton, Clara	08	Sgt. Bluff-Luton	16:46.62	4
6 Rodas, Tesfamariam	8	North Middle	16:49.27	5
7 Timmons, Charlotte	8	Sgt. Bluff-Luton	16:51.30	6
8 Hensley, Joleigh	08	Sgt. Bluff-Luton	16:51.89	7
9 Alton, Morgan	08	North Middle	16:58.41	8
10 Krastel, Meika	08	North Middle	17:13.13	9
11 Kneifl, Olivia	08	Sgt. Bluff-Luton	17:17.80	10
12 Rassel, Julianne	08	Sgt. Bluff-Luton	17:20.15	11
13 Zeleny, Faith	08	Sgt. Bluff-Luton	17:47.35	12
14 Jimenez-Martinez, Loreli	8	North Middle	18:21.65	13
15 Francisco, Serena	08	West Middle	18:38.47	14
16 Timmons, Quincy	08	Sgt. Bluff-Luton	18:43.96	
17 Ramirez, Izabella	08	West Middle	18:45.82	15
18 Delarosa, Natalie	8	Sgt. Bluff-Luton	18:59.02	
19 Shumansky, Aubrey	8	Sgt. Bluff-Luton	20:01.82	
20 TerWee, Evy	08	Sgt. Bluff-Luton	20:24.37	
21 Nelson, Sophia	8	North Middle	20:26.71	16
22 Arrez-Mena, Chelsea	08	North Middle	20:32.09	
23 Pina Ramos, Gezelle	8	West Middle	20:38.94	17
24 Anderson, Mia	8	Sgt. Bluff-Luton	20:39.74	
25 Nelson, Aspen	08	Sgt. Bluff-Luton	21:01.27	
26 Zermenno, Victoria	08	West Middle	21:17.13	18
27 Eckhoff, Emily	8	Sgt. Bluff-Luton	21:23.56	
28 Heck, Molly	8	West Middle	21:41.23	19
29 Hartso, Katherine	8	North Middle	21:49.45	
30 Heying, Helena	8	North Middle	21:50.52	
31 Moreno, Breanna	08	West Middle	21:55.45	20
32 Hernandez, Paulina	08	South Sioux	22:01.62	
33 Edlund, Evelyn	8	Sgt. Bluff-Luton	22:06.20	
34 Mutela, Ingrid	08	East Middle	22:23.82	
35 Sanchez, Karina	08	West Middle	24:07.67	21
36 Ho, Anh Minh	8	West Middle	24:19.73	
37 Jordan, Teara	08	West Middle	30:51.25	
38 Tafolla, Amya	08	West Middle	30:53.63	
7th grade Results 2 Mile Run				
1 Winklepleck, Paysen	07	East Middle	14:13.50	1
2 Mogensen, Olivia	07	North Middle	14:33.97	
3 Stevens, Hazel	07	Bishop Heelan	14:47.38	2
4 McGowan, Julia	07	Bishop Heelan	14:47.50	3
5 Berger, Brooklynn	07	Bishop Heelan	14:49.75	4
6 Hoak, Landry	07	North Middle	15:12.59	
7 Demers, Lizzie	07	Bishop Heelan	15:14.00	5
8 Sorenson, Autumn	07	North Middle	15:16.89	
9 Michalak, Taelyn	07	Bishop Heelan	15:17.29	6
10 Karpuk, Lucy	07	Bishop Heelan	15:36.10	7
11 Walding, Sophie	07	Sgt. Bluff-Luton	15:44.51	8
12 Postello, Sophie	07	East Middle	16:30.69	9
13 Dubois, Ava	07	East Middle	16:31.11	10
14 Osborn, Lauren	07	East Middle	16:31.49	11

15	Rea, Piper	07 North Middle	16:38.30	
16	Schettler, Evelyn	07 Bishop Heelan	16:51.23	12
17	Uhl, Lillian	07 Bishop Heelan	17:29.44	
18	Martinez, Lesley	07 West Middle	17:34.24	13
19	Topf, Cassidy	07 Bishop Heelan	17:40.92	
20	Hernandez, Nataly	07 Bishop Heelan	17:57.73	
21	Tott, Lily	07 Bishop Heelan	18:06.23	
22	Munoz-Cano, Miranda	07 South Sioux	18:41.30	14
23	Ladwig, Callea	07 Sgt. Bluff-Luton	18:45.71	15
24	Atkinson, Bailey	07 West Middle	19:02.58	16
25	Boggs, Lyla	07 Sgt. Bluff-Luton	19:07.64	17
26	Wheeler, Kinley	07 Sgt. Bluff-Luton	19:12.95	18
27	Elsbecker, Braylee	07 Sgt. Bluff-Luton	19:35.31	19
28	Ortiz, Addyson	07 West Middle	19:38.20	20
29	Humpal, Cadence	07 Sgt. Bluff-Luton	20:00.83	21
30	Hernandez, Haylie	07 West Middle	20:03.34	22
31	Haskel, Makinley	07 Sgt. Bluff-Luton	20:07.93	23
32	Peterson, Emily	07 East Middle	20:13.34	24
33	Perez - Palomino, Yazmin	07 South Sioux	20:13.78	25
34	Guntren, Holly	07 Sgt. Bluff-Luton	20:20.75	
35	VanMeter, Kate	07 Sgt. Bluff-Luton	20:26.29	
36	Jansen, Alaina	07 West Middle	20:27.91	26
37	Streck, Brynlee	07 Sgt. Bluff-Luton	20:36.51	
38	Grant, Zailey	07 South Sioux	20:38.52	27
39	Valdes Camacho, Maria	07 West Middle	21:08.20	28
40	Mendez, Monserrat	07 South Sioux	21:11.41	29
41	Ortmann, Rachel	07 Bishop Heelan	21:44.03	
42	Taylor, Doneesha	07 West Middle	21:56.86	30
43	Hernandez - Garcia, Arel	07 South Sioux	22:05.70	31
44	Trammell, Sienna	07 Bishop Heelan	22:53.60	
45	Vo, Athena	07 West Middle	22:57.82	
46	Garcilazo, Brisa	07 West Middle	23:24.73	
47	Mcdonald, Melody	07 West Middle	23:25.01	
48	Ross, Piper	07 West Middle	23:27.10	
49	Peden, Draya	07 West Middle	23:31.03	
50	Akanhay, Littanen	07 East Middle	23:33.39	32
51	Taylor, Iris	07 East Middle	23:42.32	33
52	Rocha, Abril	07 South Sioux	24:33.29	34
53	Baker, Abbie	07 West Middle	26:27.16	
54	Greer, Jaslina	07 West Middle	27:27.20	
55	Sassman, Ellie	07 Sgt. Bluff-Luton	29:48.20	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
7th grade Results 2Mile Mile Run											
1	Bishop Heelan	20	2	3	4	5	6	7	12		
	Total Time:	1:14:55.92									
	Average:	14:59.19									
2	Sioux City East Middle Sc	55	1	9	10	11	24	32	33		
	Total Time:	1:24:00.13									
	Average:	16:48.03									
3	Sgt Bluff-Middle School	77	8	15	17	18	19	21	23		
	Total Time:	1:32:26.12									
	Average:	18:29.23									
4	Sioux City West Middle Sc	97	13	16	20	22	26	28	30		
	Total Time:	1:36:46.27									
	Average:	19:21.26									
5	South Sioux Middle School	126	14	25	27	29	31	34			
	Total Time:	1:42:50.71									
	Average:	20:34.15									
8th Grade Results 2Mile Mile Run											
1	Sioux City North Middle S	27	2	3	5	8	9	13	16		
	Total Time:	1:21:58.18									

Average:	16:23.64							
2 Sgt Bluff-Middle School	28	1	4	6	7	10	11	12
Total Time:	1:21:12.46							
Average:	16:14.50							
3 Sioux City West Middle Sc	83	14	15	17	18	19	20	21
Total Time:	1:41:01.59							
Average:	20:12.32							

## Sioux City Middle School Cross Country - 9/25/2024

2024 Meet #3

Sergeant Bluff-Luton Rec Complex

## Event 5 Boys 2 Mile Run CC Junior High

Name	Year	School	Finals	Points
8th Grade Results 2 Mile Run				
1 Carlson, Easton	8	Sgt. Bluff-Luton	12:34.58	1
2 Perera, Calen	8	East Middle	12:38.48	2
3 Phillip, Nigel	8	Sgt. Bluff-Luton	12:41.74	3
4 Flores, Anthony	8	East Middle	12:42.10	4
5 Garcia-Perez, Mathew	8	North Middle	12:54.89	5
6 Lucas, Wesly	08	East Middle	12:59.19	6
7 Dirkschnider, Mason	08	North Middle	13:15.18	7
8 Eckert, Liam	8	North Middle	13:26.12	8
9 Henderson, Koen	08	East Middle	13:30.99	9
10 Embrock, Landon	8	North Middle	13:32.67	10
11 Ortmann, James	08	Bishop Heelan	13:35.51	
12 Tomlinson, Charlie	08	Sgt. Bluff-Luton	13:42.12	11
13 Garcia, Ethan	08	East Middle	13:46.13	12
14 Rosas, Antoni	08	South Sioux	13:47.84	13
15 MaComb, Rhys	08	East Middle	13:56.23	14
16 Kurth, Hayden	8	Bishop Heelan	14:01.54	
17 Torez, Jakotah	8	West Middle	14:02.39	
18 Amman, Asher	08	North Middle	14:05.21	15
19 Wright, Austin	8	East Middle	14:05.59	16
20 Shumansky, Jace	8	Sgt. Bluff-Luton	14:06.93	17
21 Bergman, Kaden	08	East Middle	14:10.41	
22 Nguyen, Kash	08	East Middle	14:21.49	
23 Kinnanman, Tristan	08	North Middle	14:38.04	18
24 Bazer, Chase	8	East Middle	14:53.99	
25 Schuetz, Lawson	8	Sgt. Bluff-Luton	15:00.17	19
26 Boettcher, Easton	8	Sgt. Bluff-Luton	15:07.79	20
27 Nguyen, Nam	8	North Middle	15:19.73	21
28 Vickery, Oliver	8	Sgt. Bluff-Luton	15:30.38	22
29 Ramirez Vargas, Daniel	8	South Sioux	15:33.56	23
30 Vasquez, Cristian	08	East Middle	15:48.27	
31 Joy, Grant	8	South Sioux	15:52.39	24
32 Mitchell, Josiah	8	Sgt. Bluff-Luton	15:53.90	
33 Baker, Justin	08	South Sioux	16:09.89	25
34 Troung, Bently	08	North Middle	16:16.07	
35 Temelso, Hermon	8	North Middle	16:46.64	
36 Gutierrez, Miguel	8	North Middle	17:06.62	
37 Irvin Fields Gomez, Drey	08	West Middle	17:30.55	
38 Hill, Aaron	08	Sgt. Bluff-Luton	17:36.92	
39 Valiente, Emmanuel	08	East Middle	17:57.57	
40 Kleeve, Carter	08	Sgt. Bluff-Luton	18:29.94	
41 Phillips, Julius	08	West Middle	19:47.50	
42 Harris, Gregory	08	South Sioux	21:52.01	26
7th grade Results 2 Mile Run				
1 Kifle, Nebiyu	07	North Middle	12:02.09	1
2 Gafo, Lamek	07	North Middle	12:35.92	2
3 Yusuf, Kalid	07	North Middle	14:02.55	3
4 Bartelt, Miles	07	North Middle	14:07.37	4
5 Smith, Jack	07	Sgt. Bluff-Luton	14:09.17	5
6 Cleary, Sean	07	Bishop Heelan	14:34.84	6
7 Ayon, Ector	07	North Middle	15:01.49	7
8 Hookstra, Christian	07	North Middle	15:13.75	8
9 Gutierrez, Roman	07	North Middle	15:17.22	9
10 Topf, Colin	07	Bishop Heelan	15:24.80	10

11	Vargas Vazquez, Miguel	07 South Sioux	15:34.48	
12	Aesoph, Collin	07 Bishop Heelan	15:35.15	11
13	Cooper, Miles	07 West Middle	15:40.89	
14	Jorstad, Ethan	07 Bishop Heelan	15:41.32	12
15	Kensinger, Tyler	07 Bishop Heelan	15:44.65	13
16	Chaudhari, Niyant	07 Sgt. Bluff-Luton	15:51.49	14
17	Joaquin, Liam	07 West Middle	15:56.99	
18	Tafolla, Riot	07 West Middle	16:12.33	
19	Browning, Lincoln	07 Sgt. Bluff-Luton	16:32.41	15
20	Negussie, Tarik	07 North Middle	16:35.79	
21	Beukelman, Japheth	07 North Middle	16:36.40	
22	McGregor, Max	07 Bishop Heelan	16:37.24	16
23	Kensinger, Zach	07 Bishop Heelan	17:06.30	17
24	Dean, Jaxon	07 Sgt. Bluff-Luton	17:58.15	18
25	Jorgensen, Jack	07 Sgt. Bluff-Luton	19:18.53	19
26	Nguyen, Dat	07 North Middle	19:21.75	
27	Nguyen, Danny	07 North Middle	19:22.63	
28	Ndaye, Albert	07 West Middle	21:11.10	
29	Ramirez, Max	07 East Middle	22:53.75	
30	Orozco-Villafana, Joel	07 South Sioux	25:25.10	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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7th grade Results 2Mile Mile Run											
1	Sioux City North Middle S	17	1	2	3	4	7	8	9		
	Total Time:	1:07:49.42									
	Average:	13:33.89									
2	Bishop Heelan	52	6	10	11	12	13	16	17		
	Total Time:	1:17:00.76									
	Average:	15:24.16									
3	Sgt Bluff-Middle School	71	5	14	15	18	19				
	Total Time:	1:23:49.75									
	Average:	16:45.95									
8th Grade Results 2Mile Mile Run											
1	Sioux City East Middle Sc	33	2	4	6	9	12	14	16		
	Total Time:	1:05:36.89									
	Average:	13:07.38									
2	Sioux City North Middle S	45	5	7	8	10	15	18	21		
	Total Time:	1:07:14.07									
	Average:	13:26.82									
3	Sgt Bluff-Middle School	51	1	3	11	17	19	20	22		
	Total Time:	1:08:05.54									
	Average:	13:37.11									
4	South Sioux Middle School	111	13	23	24	25	26				
	Total Time:	1:23:15.69									
	Average:	16:39.14									