

**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024****Lakeview Country Club****Results****Event 3 Girls 5k Run CC VARSITY**

Name	Year	School	Finals	Points
Results - Women				
1 Larson, Annika	12	Ballard	19:33.50	1
2 Hergenreter, Alexis	10	North Polk	19:41.22	2
3 Feddersen, Sarah	12	Gilbert	19:42.31	3
4 Hope, Ava	9	Winterset	19:47.78	4
5 Smith, Maven	10	Winterset	19:56.11	5
6 Von Roden, Elliotte	9	Adm	20:03.30	6
7 Back, Morgan	11	Winterset	20:10.21	7
8 Wilson, Brynn	12	Ballard	20:20.83	8
9 Andersen, Keira	11	Gilbert	20:33.30	9
10 Bunnell, Ellie	9	North Polk	20:39.48	10
11 Dear, Kaitlyn	11	Gilbert	20:39.90	11
12 Patel, Abby	12	Gilbert	20:42.40	12
13 Thomas, Emma	10	Boone	20:46.53	13
14 Back, Mallory	9	Winterset	20:49.89	14
15 Eggleston, Allie	10	Adm	20:58.31	15
16 Watson, Lauren	10	Bondurant-Farrar	21:09.42	16
17 Desmarais, Hannah	12	Adm	21:20.06	17
18 Bond, Mya	11	North Polk	21:27.51	18
19 Bleich, Sophia	12	Gilbert	21:31.90	19
20 Shirley-Brown, Cora	10	Adm	21:33.96	20
21 Weers, Stella	10	North Polk	21:35.85	21
22 Miller, Raya	10	Ballard	21:39.86	22
23 Campbell, Sophia	12	North Polk	21:44.78	23
24 Hermann, Kya	10	Ballard	21:47.48	24
25 Harter, Autumn	10	Bondurant-Farrar	21:50.67	25
26 Bjork, Addy	10	Adm	21:52.72	26
27 Goodrich, Ella	12	Adm	21:59.10	27
28 Horgen, Evelyn	12	Adm	22:04.57	28
29 Kautman, Mia	12	Gilbert	22:09.19	29
30 Lentsch, Caitlin	10	North Polk	22:20.59	30
31 Carney, Sophie	11	Carlisle	22:33.87	31
32 Arp, Layla	12	North Polk	22:41.08	32
33 Grundmeyer, Grace	10	Ballard	22:41.96	33
34 Smith, Natalie	10	Winterset	22:44.98	34
35 Chesnut, Morgan	9	Boone	22:52.07	35
36 Mueller, Raya	11	Gilbert	22:56.67	36
37 Klinkenborg, Madelyn	10	Bondurant-Farrar	22:57.99	37
38 Pickering, Lynneah	9	Boone	22:58.15	38
39 Eighmy, Blythe	10	Carlisle	22:59.49	39
40 Angus, Stella	9	Carlisle	23:07.73	40
41 Richardson, Ava	12	Ballard	23:11.05	41
42 Showman, Nora	9	Ballard	23:15.88	42
43 Gano, Mary	12	Carlisle	23:16.68	43
44 Fisk, Kira	12	Carlisle	23:20.22	44
45 Meislahn, Claire	12	Bondurant-Farrar	23:23.33	45
46 Guertin, Bethany	11	Bondurant-Farrar	23:27.37	46
47 Morgan, Bry	10	Boone	23:29.33	47
48 Maffin, Emily	12	Bondurant-Farrar	23:43.11	48
49 Gibson, Ella	11	Carlisle	23:46.35	49
50 Davis, Luci	12	Winterset	23:50.90	50
51 Ramsey, Natalie	12	Carlisle	24:19.76	51
52 Malone, Poppy	10	Boone	25:09.30	52



**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024****Lakeview Country Club****Results****Event 4 Boys 5k Run CC VARSITY**

Name	Year	School	Finals	Points
Results - Men				
1 Bleich, Logan	10	Gilbert	15:43.38	1
2 Squiers, Carson	11	Gilbert	15:54.55	2
3 Streeter, Kael	11	Carlisle	16:39.10	3
4 Barber, Emmett	12	Gilbert	16:46.45	4
5 Stensland, Preston	11	Gilbert	16:51.43	5
6 Kessler, Collin	12	Winterset	16:53.53	6
7 Ryan, Emrick	11	Gilbert	16:57.41	7
8 Brown, Kamden	12	Carlisle	16:59.45	8
9 Sanger, Brady	11	Bondurant-Farrar	17:05.06	9
10 Timmerman, Torin	12	Adm	17:05.90	10
11 Hotopp, Cole	12	Winterset	17:12.05	11
12 Trampel, Liam	10	Gilbert	17:17.93	12
13 Vance, Austin	9	Ballard	17:19.88	13
14 Artz, John	12	Gilbert	17:24.64	14
15 Davis, Nyle	12	Bondurant-Farrar	17:29.54	15
16 Marple, Max	10	Adm	17:33.99	16
17 Landphair, Ty	11	Adm	17:35.28	17
18 Hall, Robbie	11	Adm	17:35.79	18
19 Rieck, Jack	11	Bondurant-Farrar	17:37.55	19
20 Holdmeyer, Shay	12	Adm	17:38.08	20
21 Andemichael, Yonas	12	North Polk	17:39.27	21
22 Hanson, Ryler	9	Bondurant-Farrar	17:42.88	22
23 Holdmeyer, Dain	9	Adm	17:50.97	23
24 Davidson, Max	11	Ballard	17:51.64	24
25 Strohbehn, Ben	12	Winterset	17:54.11	25
26 Chapman, Isaac	12	Adm	17:56.52	26
27 Taylor, John	10	Winterset	17:58.30	27
28 Soto, Sevastian	12	Carlisle	18:03.67	28
29 Lehman, Payton	12	North Polk	18:06.25	29
30 Gibson, Grady	10	Bondurant-Farrar	18:07.15	30
31 Postel, Brett	12	North Polk	18:08.50	31
32 Reed, Owen	11	North Polk	18:09.01	32
33 Walstrom, Talan	12	Carlisle	18:10.91	33
34 Hermann, Graden	10	Ballard	18:19.05	34
35 Gradoville, Blake	12	Boone	18:20.87	35
36 Bennett, Clark	9	Bondurant-Farrar	18:23.37	36
37 DeCleene, Judah	11	Carlisle	18:29.44	37
38 Francois, Preston	10	Bondurant-Farrar	18:29.70	38
39 Hensley, Abe	9	Winterset	18:35.74	39
40 Harrington, Nathan	11	North Polk	18:38.44	40
41 Reed, Ayden	10	North Polk	18:47.68	41
42 Rushing, Ryan	12	Carlisle	18:55.66	42
43 McIlravy, Misha	11	North Polk	19:02.29	43
44 Cook, Calvin	10	Boone	19:03.38	44
45 Walstrom, Torren	11	Carlisle	19:10.36	45
46 Davidson, Owen	Fr	Ballard	19:26.06	46
47 Domino, Parker	10	Ballard	19:37.13	47
48 Swisher, Isaac	10	Ballard	19:37.54	48
49 Allen, Colin	12	Winterset	19:37.84	49
50 Myers, Dorian	11	Boone	19:50.82	50
51 Hall, Jake	11	Winterset	19:54.40	51
52 Odden, Kolbe	10	Ballard	20:06.07	52



**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024****Lakeview Country Club****Results****Event 5 Girls 5k Run CC JUNIOR VARSITY**

Name	Year	School	Finals	Points
Results - Women				
1 Haaland, Hannah	11	North Polk	21:46.37	1
2 Sutton, Mackealin	12	Adm	22:39.72	2
3 Kraehling, Lucy	10	Gilbert	22:46.30	3
4 Montag, Grace	10	Adm	22:49.46	4
5 Brosamle, Grace	11	Gilbert	22:55.80	5
6 Piepmeier, Emily	12	Adm	23:00.16	6
7 Miller, Rhyan	11	Adm	23:10.38	7
8 Georgick, Lydia	10	Adm	23:10.63	8
9 Williams, Alexa	10	Adm	23:14.55	9
10 Nelson, Brooklyn	9	Gilbert	23:18.06	10
11 Loewe, Raegan	12	Ballard	23:22.32	11
12 Lewis, Cambrie	10	North Polk	23:26.26	12
13 Grandgenett, Allie	10	Gilbert	23:27.84	13
14 Jorgensen, Anya	12	Ballard	23:32.79	14
15 Meiners, Morgan	12	North Polk	23:44.99	15
16 Thomas, Anna	9	Gilbert	23:50.50	16
17 Kruse, Natalie	11	Ballard	23:50.97	17
18 Georgick, Danielle	10	Adm	23:59.15	18
19 Lenaghan, Avery	10	Adm	24:02.88	
20 Bauer, Isabella	11	North Polk	24:07.34	19
21 Soto, Sienna	9	Carlisle	24:14.47	20
22 Nelson, Alaina	11	Adm	24:14.56	
23 Haaland, Hayley	9	North Polk	24:18.01	21
24 Wipperman, Caelyn	10	Bondurant-Farrar	24:18.68	22
25 Beller, Lacey	10	Carlisle	24:19.99	23
26 Mizerak, Laurel	12	Gilbert	24:28.93	24
27 Wendt, Harper	10	Ballard	24:29.96	25
28 Mizerak, Gretchen	12	Gilbert	24:31.12	26
29 Cory, Janessa	10	North Polk	24:31.37	27
30 Sander, Aby	12	North Polk	24:38.07	28
31 Manock, Jocelyn	11	North Polk	24:40.04	
32 Mattes, Karley	10	Adm	24:44.13	
33 VanLoo, Emefa	9	Ballard	24:46.46	29
34 Zondervan, Audrey	11	Carlisle	24:47.51	30
35 Happ, Aubrey	10	North Polk	24:54.81	
36 Black, Jane	10	Gilbert	24:58.56	
37 Flemmer, Reagan	9	North Polk	24:59.59	
38 Kuennen, Amie	11	Bondurant-Farrar	25:13.96	31
39 Henderson, Rhania	12	Winterset	25:14.44	32
40 Iddings, Bree	10	Gilbert	25:20.97	
41 Sage, Sydney	9	Ballard	25:22.79	33
42 Zaugg, Lily	9	Carlisle	25:23.35	34
43 Bush, Sarah	10	Bondurant-Farrar	25:24.30	35
44 Breckenridge, Emery	9	Bondurant-Farrar	25:25.62	36
45 Melody, Kate	11	Gilbert	25:32.66	
46 Flower, Natasha	11	Gilbert	25:36.16	
47 Feldmann, Lauren	10	North Polk	25:36.87	
48 Weber, Audrey	9	Carlisle	25:38.89	37
49 Goullianne, Anais	11	Ballard	25:41.18	38
50 Seidl, Brenna	11	Adm	25:42.95	
51 Ehresman, Sydney	12	Ballard	25:47.07	
52 Phillips, Katelyn	12	North Polk	25:47.48	





**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024****Lakeview Country Club****Results****Event 6 Boys 5k Run CC JUNIOR VARSITY**

Name	Year	School	Finals	Points
Results - Men				
1 Lucht, Landon	11	Gilbert	17:48.49	1
2 Subbert, Nick	11	Adm	18:03.02	2
3 Hatfield, Zeke	12	Gilbert	18:07.22	3
4 Miller, Ty	10	Adm	18:11.52	4
5 Fuller, Nic	11	Adm	18:14.20	5
6 Hall, Drew	10	Adm	18:25.90	6
7 Yanacheak, Luke	12	Adm	18:29.99	7
8 Steeples, Cooper	12	Bondurant-Farrar	18:32.42	8
9 Holdmeyer, Keegan	12	Adm	18:39.56	9
10 Royer, Owen	11	Adm	18:41.51	10
11 Behr, Mark	11	Adm	18:41.82	
12 Birech, Brandon	12	Carlisle	18:50.83	11
13 Hermon, Gabby	9	Carlisle	18:59.68	12
14 Wallace, Adrian	10	Gilbert	19:12.18	13
15 Saldana-Valdez, Felipe	9	Carlisle	19:22.85	14
16 Kuennen, Sam	10	Gilbert	19:29.95	15
17 McCaughey, Jack	9	Gilbert	19:31.99	16
18 Schmesier, Martin	12	Bondurant-Farrar	19:32.46	17
19 Huether, Stockton	12	North Polk	19:33.53	18
20 DeMoss, Wyatt	10	Bondurant-Farrar	19:36.41	19
21 Phipps, Braydin	12	Bondurant-Farrar	19:38.10	20
22 Griffith, Sam	11	Bondurant-Farrar	19:41.51	21
23 Peterson, Owen	9	Carlisle	19:46.17	22
24 Welch-Groves, Braylon	9	Bondurant-Farrar	19:48.03	23
25 Potter, Atreyu	12	Winterset	19:48.29	24
26 Tritz, Kayden	11	Adm	19:50.97	
27 Limoges, Tristan	12	Gilbert	19:52.76	25
28 Martinek, Jordan	10	Gilbert	19:56.06	26
29 Nelson, Kody	10	Winterset	19:56.66	27
30 Horgen, Owen	9	Adm	20:06.59	
31 Jones, Jude	10	Ballard	20:09.02	28
32 Shipley, Hudson	12	North Polk	20:13.43	29
33 Lee, Patrick	12	Adm	20:16.98	
34 Cowman, Ethan	9	Winterset	20:19.50	30
35 Mezger, Vince	11	Carlisle	20:21.80	31
36 Bartleman, J. J.	10	North Polk	20:24.21	32
37 Hoff, Andre	10	Bondurant-Farrar	20:27.22	33
38 Morehead, Brennon	11	North Polk	20:32.43	34
39 Thompson, Adrian	9	Carlisle	20:33.72	35
40 Eivins, David	12	Bondurant-Farrar	20:34.12	
41 Fletchall, Lincoln	10	North Polk	20:34.52	36
42 Hensley, Jud	9	Winterset	20:35.64	37
43 Hill, Drew	9	Bondurant-Farrar	20:36.89	
44 DeCleene, Justus	9	Carlisle	20:37.20	38
45 Flemmer, Avery	10	North Polk	20:38.13	39
46 Scholten, Evan	10	North Polk	20:40.23	40
47 Kubichek, Braden	12	Ballard	20:40.84	41
48 Murley, Finn	10	Bondurant-Farrar	20:45.33	
49 Hatfield, Judson	9	Gilbert	20:48.54	
50 May, Daniel	11	Gilbert	20:49.49	
51 Friedman, Chase	10	North Polk	20:52.46	
52 Enabnit, Simon	11	Boone	20:54.72	42



**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024****Lakeview Country Club****Results****...Event 6 Boys 5k Run CC JUNIOR VARSITY**

53 Lindsey, Tucker	9 Bondurant-Farrar	20:59.91	
54 Iniesta, Liberto	12 Winterset	21:05.27	43
55 Shipley, Peyton	10 North Polk	21:06.78	
56 MacLean, Will	10 North Polk	21:07.91	
57 Bailey, Micah	11 Bondurant-Farrar	21:09.60	
58 Giles, Paul	11 Adm	21:10.29	
59 Savage, Clark	9 Gilbert	21:12.81	
60 Throop, Max	10 Bondurant-Farrar	21:13.05	
61 Jensen, Jayse	11 Winterset	21:17.44	44
62 Barry, Quinn	9 Carlisle	21:18.82	
63 Grant, Brendan	10 North Polk	21:21.45	
64 Congdon, Emerson	11 Gilbert	21:23.13	
65 Dority, Noah	9 North Polk	21:23.58	
66 Newman, Evan	10 Ballard	21:24.27	45
67 Hulling, Tate	10 Carlisle	21:27.78	
68 Minburn, Riley	12 Adm	21:30.04	
69 Taylor, Hunter	9 Winterset	21:32.97	46
70 Holland, Keaton	9 Adm	21:36.01	
71 Soupir, Andrew	12 Gilbert	21:44.76	
72 Fleischmann, Breken	9 Ballard	21:49.16	47
73 Uthe, Urban	9 Adm	21:50.83	
74 Harvey, Jackson	9 Bondurant-Farrar	21:51.54	
75 Moeller, Logan	9 Winterset	21:53.60	
76 Dronet, Jonathan	12 Carlisle	21:54.09	
77 Hill, Caleb	12 Ballard	21:59.79	48
78 Truitt, Will	9 Adm	22:01.50	
79 Bailey, Jaidan	10 Bondurant-Farrar	22:09.31	
80 Johnson, Wyatt	11 Boone	22:09.96	49
81 Crisco, Phoenix	10 North Polk	22:12.50	
82 Hilleman, Seth	10 Ballard	22:14.17	50
83 Wirtz, Elijah	10 Bondurant-Farrar	22:14.83	
84 Allen, Cameron	9 Ballard	22:17.37	51
85 Engelbrecht, Madox	10 Bondurant-Farrar	22:24.55	
86 Tainter, Josh	10 Ballard	22:26.43	
87 Zeigler, Jace	9 Adm	22:27.41	
88 Deardorff, Boomer	9 Adm	22:37.19	
89 Rivard, Hugh	10 Ballard	22:41.56	
90 Nerem, Carden	12 Boone	22:42.29	52
91 Clark, Max	9 Boone	22:42.37	53
92 Ahmad, Muhammad	11 Winterset	22:52.04	
93 Booton, Max	10 Winterset	22:55.22	
94 Wermager, Matt	10 Carlisle	22:56.92	
95 Davis, Holden	12 Boone	23:14.67	54
96 Wonderlin, Blake	9 Bondurant-Farrar	23:20.70	
97 Lenz, Benji	10 Gilbert	23:24.95	
98 Beers, Trystan	9 North Polk	23:26.93	
99 Schrock, Isaac	9 Adm	23:30.32	
100 DeVore, Ben	10 Winterset	23:50.08	
101 Schwartz, Aldo	12 Gilbert	23:53.59	
102 Pick, Jaxson	10 Ballard	23:55.38	
103 Allen, Griffin	10 Winterset	23:58.18	
104 Barrick, Jase	12 Boone	24:00.81	55
105 Spencer, Lee	9 Bondurant-Farrar	24:01.83	
106 Schiaffino, Chris	11 Carlisle	24:08.91	
107 Westendorf, Donny	11 Adm	24:11.78	

**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024**

**Lakeview Country Club**

**Results**

**...Event 6 Boys 5k Run CC JUNIOR VARSITY**

108 Johnsen, Jack	10 Ballard	24:12.42
109 Nugent, Henry	9 Adm	24:46.54
110 Bowman, Nathan	10 Winterset	24:52.86
111 Hill, Elias	10 Ballard	25:48.71
112 De Leon, Tyler	11 Winterset	26:38.03
113 Moore, Keaton	9 Boone	26:46.44 56
114 Eaton, Reed	9 North Polk	27:01.45
115 Lehman, Gavin	9 North Polk	27:12.70
116 Francis, Jaxon	9 Boone	27:40.77
117 Dahlstrom, Elijah	9 Gilbert	27:59.87

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Men

1 Adm	24	2	4	5	6	7	9	10
Total Time: 1:31:24.63								
Average: 18:16.93								
2 Gilbert	48	1	3	13	15	16	25	26
Total Time: 1:34:09.83								
Average: 18:49.97								
3 Bondurant-Farrar	85	8	17	19	20	21	23	33
Total Time: 1:37:00.90								
Average: 19:24.18								
4 Carlisle	90	11	12	14	22	31	35	38
Total Time: 1:37:21.33								
Average: 19:28.27								
5 North Polk	149	18	29	32	34	36	39	40
Total Time: 1:41:18.12								
Average: 20:15.63								
6 Winterset	161	24	27	30	37	43	44	46
Total Time: 1:41:45.36								
Average: 20:21.08								
7 Ballard	209	28	41	45	47	48	50	51
Total Time: 1:46:03.08								
Average: 21:12.62								
8 Boone	250	42	49	52	53	54	55	56
Total Time: 1:51:44.01								
Average: 22:20.81								

**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024****Lakeview Country Club****Results****Event 1 Girls 3200 Meter Run CC MIDDLE SCHOOL**

Name	Year School	Finals	Points
Results - Women			
1 Chesnut, Whitney	8 Boone MS	12:26.41	1
2 Miller, Avilee	8 Ballard MS	12:50.97	2
3 Jorgensen, Honorine	8 Ballard MS	12:55.54	3
4 Johnson, Briella	8 Boone MS	12:59.74	4
5 Dani, Reyn	8 Gilbert MS	13:03.76	5
6 Kelsick, Amelia	8 North Polk MS	13:11.82	6
7 Minnich, Eva	7 Winterset MS	13:24.17	7
8 Dentino, Camryn	8 North Polk MS	13:31.06	8
9 Houser, Finley	8 Boone MS	13:33.75	9
10 Bleich, Alexis	8 Gilbert MS	13:35.72	10
11 Jacobus, Madelyn	7 North Polk MS	13:37.01	11
12 Klatt, Makenzie	8 Boone MS	13:48.40	12
13 Anderson, Harper	7 North Polk MS	13:50.18	13
14 Tallman, Clare	8 Gilbert MS	13:50.80	14
15 Hague, Charli	7 Gilbert MS	13:52.94	15
16 Burns, Ashlyn	7 Adm MS	13:56.14	16
17 Growdon, Hattie	8 North Polk MS	14:04.03	17
18 Timmerman, Alida	7 Adm MS	14:04.07	18
19 Keys, Isabella	7 North Polk MS	14:07.59	19
20 Just, Isabel	8 Gilbert MS	14:10.03	20
21 Volesky, Katelyn	8 North Polk MS	14:10.76	21
22 Hainlain, Paxton	7 Bondurant-Farrar MS	14:20.53	22
23 Ellingson, Claire	8 Gilbert MS	14:21.19	23
24 Selby, Elin	8 Boone MS	14:21.43	24
25 McCoid, Leila	8 North Polk MS	14:30.16	
26 Uthe, Clara	8 Adm MS	14:30.29	25
27 Smith, Tenley	7 Winterset MS	14:30.91	26
28 Houston, Harper	8 Boone MS	14:34.86	27
29 Sands, McKenzie	7 North Polk MS	14:38.20	
30 Behr, Meigan	7 Adm MS	14:39.65	28
31 Powers, Huxley	8 North Polk MS	14:41.16	
32 Iniesta, Prada	8 Winterset MS	14:41.34	29
33 Van Cannon, Lilyana	7 Ballard MS	14:44.64	30
34 VanLoo, Samantha	8 Ballard MS	14:44.92	31
35 Keys, Lexie	8 North Polk MS	14:54.22	
36 Johnson, Paige	8 Adm MS	15:07.81	32
37 Wuebker, Taylor	8 Ballard MS	15:16.49	33
38 Campbell, Laney	8 Adm MS	15:21.92	34
39 Neer, Charlee	8 Ballard MS	15:25.41	35
40 Shivers, Karley	7 Bondurant-Farrar MS	15:28.31	36
41 Houston, Quinn	8 Boone MS	15:32.32	37
42 Whipps, Kylie	7 Adm MS	15:36.91	38
43 Dinsdale, Laney	8 Gilbert MS	15:47.61	39
44 Reis, Teagan	7 North Polk MS	15:48.46	
45 DeCleene, Eve	7 Carlisle MS	15:49.04	
46 Bruck, Brenna	8 Boone MS	15:50.53	
47 Hachmeister, Nyah	7 Adm MS	15:51.41	
48 McKilligan, Ada	8 Gilbert MS	15:52.24	
49 Baker, Alyse	7 North Polk MS	16:00.62	
50 Sheridan, Aubrey	7 Winterset MS	16:04.31	40
51 Cox, Emilie	8 Adm MS	16:11.44	
52 Hoodjer, Nellie	8 Adm MS	16:12.05	

**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024**

**Lakeview Country Club**

**Results**

**...Event 1 Girls 3200 Meter Run CC MIDDLE SCHOOL**

53	Roeder, Finley	7	Bondurant-Farrar MS	16:15.61	41
54	Hatfield, Greta	7	Gilbert MS	16:17.02	
55	Barbier, Jayden	8	Gilbert MS	16:22.39	
56	Bell, Brooke	7	North Polk MS	16:31.49	
57	Noble, Vivi	7	Carlisle MS	16:32.00	
58	Woods, Mollie	8	North Polk MS	16:39.83	
59	Dunbar, Ariana	8	Gilbert MS	16:43.05	
60	Murley, Ainsley	7	Bondurant-Farrar MS	16:44.19	42
61	Murray, Arianna Arianna	7	Bondurant-Farrar MS	16:44.88	43
62	Winter, Grace	8	North Polk MS	16:53.75	
63	Enabnit, Lucy	8	Boone MS	17:12.73	
64	Skinner, Emily	7	Boone MS	17:12.93	
65	Clayton, Alice	7	Carlisle MS	17:15.67	
66	Soupir, Ellie	8	Gilbert MS	17:41.54	
67	Duckwitz-Nilles, Raeah	7	Gilbert MS	17:43.36	
68	Liske, Brenna	7	Bondurant-Farrar MS	17:46.72	44
69	Thorsbakken, Tricia	7	Bondurant-Farrar MS	17:55.17	45
70	Johnson, Lily	7	North Polk MS	18:01.27	
71	Molone-Innis, Brinley	8	Winterset MS	18:02.95	46
72	Higgins, Elaina	7	North Polk MS	18:10.80	
73	Erickson, Lauren	7	Boone MS	18:16.61	
74	Hogan, Audrey	7	North Polk MS	18:19.10	
75	Korkie, Reese	7	Winterset MS	18:23.51	47
76	Longman, Eleanor	8	Adm MS	18:28.32	
77	Erickson, Aubrey	7	Boone MS	18:29.85	
78	Wickman, Jayde	8	Winterset MS	18:32.16	48
79	Caltrider, Addison	7	Adm MS	18:36.97	
80	Lopez, Hazel	8	Winterset MS	18:50.35	
81	Showman, Ayla	7	Ballard MS	18:50.65	49
82	Bruck, Bradie	8	Boone MS	18:59.09	
83	Mimick, Sadie	7	North Polk MS	19:07.99	
84	Allsup, Brookeyln	7	Adm MS	19:17.41	
85	Carstensen, Leah	7	Bondurant-Farrar MS	19:24.25	
86	Kruse, Lyla	8	Gilbert MS	19:26.79	
87	Pickering, Trinity	8	Boone MS	19:37.30	
88	Li, Yingzhi	7	Gilbert MS	19:38.28	
89	Schieffer, Hannah	7	Ballard MS	19:45.86	
90	Haywood, Harper	7	North Polk MS	20:01.66	
91	Walker, Isabelle	7	North Polk MS	20:44.31	
92	Ritchart, Zoey	8	Winterset MS	22:02.80	
93	Crawford, Elie	8	North Polk MS	23:24.34	
94	Morehead, Reghyn	8	North Polk MS	23:32.42	
95	Fry, Addison		North Polk MS	26:38.92	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Women

**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024****Lakeview Country Club****Results****....Event 1 Girls 3200 Meter Run CC MIDDLE SCHOOL**

1	Boone MS	50	1	4	9	12	24	27	37
	Total Time:	1:07:09.73							
	Average:	13:25.95							
2	North Polk MS	55	6	8	11	13	17	19	21
	Total Time:	1:08:14.10							
	Average:	13:38.82							
3	Gilbert MS	64	5	10	14	15	20	23	39
	Total Time:	1:08:33.25							
	Average:	13:42.65							
4	Ballard MS	99	2	3	30	31	33	35	49
	Total Time:	1:10:32.56							
	Average:	14:06.52							
5	Adel-DeSoto-Minburn MS	119	16	18	25	28	32	34	38
	Total Time:	1:12:17.96							
	Average:	14:27.60							
6	Winterset MS	148	7	26	29	40	46	47	48
	Total Time:	1:16:43.68							
	Average:	15:20.74							
7	Bondurant-Farrar MS	184	22	36	41	42	43	44	45
	Total Time:	1:19:33.52							
	Average:	15:54.71							

**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024****Lakeview Country Club****Results****Event 7 Boys 3200 Meter Run CC MIDDLE SCHOOL**

Name	Year School	Finals	Points
Results - Men			
1 Stevermer, Zachary	8 Gilbert MS	10:30.54	1
2 Ryan, Keirnan	8 Gilbert MS	10:38.81	2
3 Collier, Andrew	8 Adm MS	11:23.86	3
4 Whipps, Braylon	8 Adm MS	11:41.76	4
5 Foster, Dawson	8 Adm MS	11:54.43	5
6 Barbier, Jack	8 Gilbert MS	12:00.32	6
7 Schwertfeger, Trey	8 Adm MS	12:00.93	7
8 Matzen, Myles	8 North Polk MS	12:01.54	8
9 Franks, Daughtry	8 Ballard MS	12:01.69	9
10 Storm, Max	7 Adm MS	12:04.85	10
11 Sutter, Paxton	8 Adm MS	12:05.31	11
12 Parsons, Harper	7 Bondurant-Farrar MS	12:13.79	12
13 Rieck, Eli	7 Bondurant-Farrar MS	12:14.33	13
14 Trampel, Winston	7 Gilbert MS	12:16.22	14
15 Maserek, Brayden	8 North Polk MS	12:17.41	15
16 Black, Caleb	8 Gilbert MS	12:18.01	16
17 Wolfe, Alexander	8 Winterset MS	12:20.92	17
18 Minear, Trey	7 Carlisle MS	12:23.00	18
19 McKilligan, Atesh	7 Gilbert MS	12:30.92	19
20 Samms, Tighe	8 Ballard MS	12:32.53	20
21 Bjork, Drew	8 Adm MS	12:34.38	21
22 Iddings, Michael	7 Gilbert MS	12:36.69	22
23 Taylor, Kameron	7 Winterset MS	12:41.94	23
24 Lascio, Jonathan	8 Gilbert MS	12:43.45	
25 Lee, Derek	8 North Polk MS	12:45.84	24
26 Young, Daylan	8 Winterset MS	12:49.16	25
27 Allen, Christian	8 Adm MS	12:49.39	
28 Poss, Jack	8 Gilbert MS	12:50.07	
29 Selmecki, Burke	8 North Polk MS	12:50.42	26
30 Deardorff, Dysen	8 Adm MS	12:53.06	
31 Richardson, Cohen	8 North Polk MS	12:53.38	27
32 Plaisance, Theo	8 Adm MS	12:53.95	
33 Seifert, Nico	7 Adm MS	12:56.71	
34 Hoff, Jordan	7 Bondurant-Farrar MS	12:59.29	28
35 Hamilton, Max	7 Ballard MS	12:59.53	29
36 Hall, Luke	8 Winterset MS	13:00.40	30
37 Nigg, James	8 Winterset MS	13:01.96	31
38 Tiernan, Conley	8 Adm MS	13:02.71	
39 Ryan, Kaden	7 North Polk MS	13:03.79	32
40 Ellerbusch, Jarrod	8 Adm MS	13:05.15	
41 Wagner, Nathan	8 North Polk MS	13:05.51	33
42 McDonald, Sawyer	8 Winterset MS	13:05.73	34
43 Holland, Sullivan	7 Adm MS	13:09.51	
44 Sylte, Henrik	8 Gilbert MS	13:09.65	
45 Stockstrom, Colby	7 North Polk MS	13:10.40	
46 Reed, Linken	7 Winterset MS	13:12.96	35
47 Heasley, Mason	7 Adm MS	13:15.08	
48 Wunder, Nash	8 Ballard MS	13:16.10	36
49 Barber, Will	8 Bondurant-Farrar MS	13:21.77	37
50 Roder, Kole	7 Adm MS	13:22.24	
51 Martinek, Allen	7 Gilbert MS	13:23.04	
52 Moetsch, Lucas	8 Winterset MS	13:25.19	

**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024****Lakeview Country Club****Results****...Event 7 Boys 3200 Meter Run CC MIDDLE SCHOOL**

53 Evers, Penn	7 Ballard MS	13:28.17	38
54 Paul, Micah	8 Adm MS	13:29.76	
55 Johnson, Ethan	8 Ballard MS	13:29.82	39
56 Rychnovsky, Harris	8 Adm MS	13:30.45	
57 Conn, Oliver	7 Bondurant-Farrar MS	13:30.62	40
58 Humphreys, Colin	7 Bondurant-Farrar MS	13:32.54	41
59 Reiter, Brett	8 Bondurant-Farrar MS	13:33.89	42
60 Wonderlin, Owen	7 Bondurant-Farrar MS	13:35.22	
61 Ollendike, Landon	7 North Polk MS	13:35.78	
62 Muir, Xavier	7 Carlisle MS	13:36.97	43
63 Thompson, Taytem	7 Carlisle MS	13:37.96	44
64 Wood Ohmeaus, Khaos	8 Winterset MS	13:39.43	
65 Canavan, Walker	8 North Polk MS	13:40.51	
66 Harberts, Camden	8 North Polk MS	13:41.57	
67 Wilkins, Langston	8 Adm MS	13:43.14	
68 Comstock, Corwin	7 North Polk MS	13:47.31	
69 Watson, Madden	7 Bondurant-Farrar MS	13:48.91	
70 Miller, Andrew	7 Adm MS	13:53.14	
71 Irion, Drake	8 Bondurant-Farrar MS	13:57.69	
72 Miller, Max	8 Ballard MS	13:58.25	45
73 Saldana-Valdez, Alex	7 Carlisle MS	14:04.75	46
74 Elliott, Mason	8 Bondurant-Farrar MS	14:09.43	
75 Nordstrom, Drake	8 Winterset MS	14:17.67	
76 Bartlett, Caleb	8 Boone MS	14:18.16	47
77 Call, Samuel	8 Ballard MS	14:20.71	
78 Woolridge, Aiden	8 Ballard MS	14:22.64	
79 Johnson, Torren	8 Bondurant-Farrar MS	14:23.26	
80 Kline, James	7 North Polk MS	14:25.00	
81 Mueggenberg, Drew	7 North Polk MS	14:25.54	
82 Petersen, Drew	7 North Polk MS	14:37.00	
83 Bacon, Charlie	7 North Polk MS	14:38.05	
84 Navrkal, Jude	7 North Polk MS	14:41.25	
85 Einck, Jon	8 North Polk MS	14:42.90	
86 Kruse, Lincoln	7 Winterset MS	14:43.77	
87 Kruger, Kaden	8 Gilbert MS	14:44.18	
88 Maffin, Owen	7 Adm MS	14:45.40	
89 Noring, Jake	7 Adm MS	14:49.11	
90 Sines, Jack	8 Gilbert MS	14:50.03	
91 Shipley, Dawson	7 North Polk MS	14:51.07	
92 Eggleston, Cade	8 Adm MS	14:57.74	
93 King, Gus	8 Winterset MS	15:00.45	
94 Schaack, Jonathan	8 North Polk MS	15:04.70	
95 Hugney, Ryder	8 Winterset MS	15:06.15	
96 Poole, Manford	7 Gilbert MS	15:07.11	
97 Donner, Oscar	8 North Polk MS	15:07.54	
98 Meyer, Jonah	8 Winterset MS	15:09.58	
99 Barber, Jace	7 Gilbert MS	15:10.24	
100 Ludwig, Liam	7 North Polk MS	15:13.62	
101 Davies, Collin	7 Gilbert MS	15:20.10	
102 Congdon, Elliott	8 Gilbert MS	15:31.48	
103 Russell, Blake	8 Gilbert MS	15:35.38	
104 Bradley, Camden	8 Winterset MS	15:39.39	
105 Mathes, Gavin	7 North Polk MS	15:54.54	
106 Hill, Noah	8 Ballard MS	15:55.82	
107 Fuller, Ethan	8 Adm MS	16:02.74	

**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024**

**Lakeview Country Club**

**Results**

**...Event 7 Boys 3200 Meter Run CC MIDDLE SCHOOL**

108 Bell, Austin	8 Gilbert MS	16:05.36	
109 Darby, Dalton	7 Boone MS	16:16.35	48
110 Einck, Will	7 North Polk MS	16:35.47	
111 Wipperman, Reece	7 Bondurant-Farrar MS	16:38.89	
112 Kuhns, Preston	8 Winterset MS	16:45.55	
113 Mumm, Clay	8 Carlisle MS	16:47.93	49
114 Cory, Carter	7 Bondurant-Farrar MS	17:08.81	
115 Bauer, Blake	7 North Polk MS	17:09.66	
116 Throop, Wesley	7 Bondurant-Farrar MS	17:13.58	
117 Musso, Micah	8 Bondurant-Farrar MS	17:16.41	
118 Ibarra, Rylen	7 Boone MS	17:22.09	50
119 Myers, Jonathon	7 Boone MS	17:41.89	51
120 Krantz, Griffin	7 North Polk MS	18:02.60	
121 Schrock, Ethan	7 Adm MS	18:14.94	
122 Curran, Andrew	8 Ballard MS	18:32.01	
123 Crist, Kipton	7 Bondurant-Farrar MS	19:00.15	
124 Nop, Edmund	7 Ballard MS	19:05.47	
125 Dass, Will	7 Ballard MS	19:18.26	
126 Gardner, Lucas	7 Gilbert MS	19:33.94	
127 Baier, JJ	7 Ballard MS	19:38.24	
128 Marple, Liam	7 Adm MS	20:09.24	
129 Fitzgerald, Andrew	7 Boone MS	20:16.68	52
130 Roberts, Adrian	7 North Polk MS	20:48.66	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Men

1 Adm MS	29	3	4	5	7	10	11	21
Total Time: 59:05.83								
Average: 11:49.17								
2 Gilbert MS	39	1	2	6	14	16	19	22
Total Time: 57:43.90								
Average: 11:32.78								
3 North Polk MS	100	8	15	24	26	27	32	33
Total Time: 1:02:48.59								
Average: 12:33.72								
4 Winterset MS	126	17	23	25	30	31	34	35
Total Time: 1:03:54.38								
Average: 12:46.88								
5 Bondurant-Farrar MS	130	12	13	28	37	40	41	42
Total Time: 1:04:19.80								
Average: 12:51.96								
6 Ballard MS	132	9	20	29	36	38	39	45
Total Time: 1:04:18.02								
Average: 12:51.61								
7 Carlisle MS	200	18	43	44	46	49		
Total Time: 1:10:30.61								
Average: 14:06.13								



**RRC CONFERENCE CROSS COUNTRY MEET - 10/15/2024**

**Lakeview Country Club**

**Results**

**....Event 7 Boys 3200 Meter Run CC MIDDLE SCHOOL**

8 Boone MS 248 47 48 50 51 52

Total Time: 1:25:55.17

Average: 17:11.04