

Upper Iowa Conference Championships HS, MS

OFFICIAL 📅 Thu, Oct 17, 2024 📍 Elkader Golf & Country Club, IA US

Mens Results

5,000 Meters Varsity

Official Team Scores

1. Central Elkader	38
2. South Winneshiek	52
3. North Fayette Valley	70
4. Clayton Ridge Guttenberg	98
5. Kee Lansing	113
6. Postville Community	139

1. 12 Jacob Schellhorn	17:04.3	MFL MarMac
2. 12 Gavin Holst	17:34.5	Central Elkader
3. 9 Hugh Conway	17:36.3	South Winneshiek
4. 11 Justin Wagner	17:36.3	Kee Lansing
5. 11 Carson Ruegnitz	18:03.2	Central Elkader
6. 11 Brad Dahl	18:23.4	South Winneshiek
7. 9 Cameron Einck	18:26.6	South Winneshiek
8. 10 Jesse Polkinghorn	18:36.2	Central Elkader
9. 12 Jesus Tabora-Lara	18:57.6	Clayton Ridge Guttenberg
10. 10 Robert Huck	18:58.2	North Fayette Valley
11. 11 Stansbery Gabe	19:05.6	North Fayette Valley
12. 12 Lukas Weiss	19:06.3	South Winneshiek
13. 9 Tyce Zittergruen	19:13.0	Central Elkader
14. 11 Ethan Backes	19:14.0	Clayton Ridge Guttenberg
15. 11 Henry Reimer	19:23.5	Central Elkader
16. 12 Zach McLellan	19:26.1	North Fayette Valley
17. 10 Elmer Trinidad	19:26.6	North Fayette Valley
18. 10 Fernando Flores	19:32.7	Clayton Ridge Guttenberg
19. 11 Declan Finley	19:36.8	Central Elkader
20. 12 Melvin Martin	19:44.2	Postville Community
21. 9 Brody Grove	19:49.8	North Fayette Valley
22. 10 Michael Hill	19:58.4	Postville Community
23. 12 Brendan Jones	20:00.2	Kee Lansing
24. 12 Vaughn Zittergruen	20:05.1	Central Elkader
25. 10 Angel Callejas - Lopez	20:08.3	Postville Community
26. 11 Carter Verthein	20:08.3	Kee Lansing
27. 9 Russell Chmelar	20:10.9	Clayton Ridge Guttenberg
28. 11 Peyton Elliott	20:22.2	North Fayette Valley
29. 9 Clayton Kuboushek	20:27.0	South Winneshiek
30. 9 Esten Moellering	20:29.1	North Fayette Valley
31. 10 Kaeden Weber	20:33.3	Kee Lansing

Womens Results

5,000 Meters Varsity

Official Team Scores

1. South Winneshiek	29
2. MFL MarMac	52
3. North Fayette Valley	57
4. Postville Community	124
5. Central Elkader	131
6. Clayton Ridge Guttenberg	147

1. 10 Ava Franzen	20:54.9	South Winneshiek
2. 9 Annie Murray	21:03.9	North Fayette Valley
3. 10 Annie Hageman	21:06.6	South Winneshiek
4. 10 Bella Stika	21:45.0	Turkey Valley Jackson Junction
5. 10 Lexi McGowan	21:53.6	North Fayette Valley
6. 10 Hazel Nieman	21:56.5	Turkey Valley Jackson Junction
7. 9 Charlotte Meyer	21:59.6	MFL MarMac
8. 10 Brooke Donlon	22:01.8	MFL MarMac
9. 11 Tessa Phillips	22:21.4	South Winneshiek
10. 10 Lauren Ondrashek	22:32.6	South Winneshiek
11. 11 Cora Keehner	22:41.3	MFL MarMac
12. 12 Karissa Wenthold	22:47.1	South Winneshiek
13. 12 Braelyn Meyer	22:55.9	North Fayette Valley
14. 12 Izzy Kuboushek	23:02.7	South Winneshiek
15. 12 Liliana Cortes	23:03.2	Postville Community
16. 12 Hinckley Simon	23:03.4	Clayton Ridge Guttenberg
17. Fr Taryn Moser	23:04.4	MFL MarMac
18. 10 Rylee Mudderman	23:12.9	Kee Lansing
19. 11 Addy Conway	23:13.7	South Winneshiek
20. 12 Eveyln Ruff	23:20.3	MFL MarMac
21. 12 Coral Rork	23:30.5	Central Elkader
22. 10 Clara Bilden	23:32.6	North Fayette Valley
23. 9 Blair Scherf	23:46.6	Central Elkader
24. 9 Kendall Elliot	23:58.9	North Fayette Valley
25. 10 Skylar Fisk	24:10.9	MFL MarMac
26. 10 Kennedy Bachman	24:21.5	MFL MarMac
27. 11 Addison Winters	24:41.3	Kee Lansing
28. 12 Moncerrat Camacho	24:42.0	Postville Community
29. 10 Audrey Dickson	24:50.9	Clayton Ridge Guttenberg
30. 9 Morgan Mohn	24:53.0	Kee Lansing
31. 10 Isabelle White	25:08.2	Postville Community

32. 9	Caden Tieskoetter	20:42.7	South Winneshiek
33. 9	Levi Feickert	20:46.8	South Winneshiek
34. 11	Isaiah Wagner	20:58.2	Kee Lansing
35. 11	Leland Mueller	21:05.3	Clayton Ridge Guttenberg
36. 10	Darinel Ramirez	21:21.3	Postville Community
37. 9	Evan Claycamp	21:31.6	Clayton Ridge Guttenberg
38. 10	Avery Franzen	21:36.7	Turkey Valley Jackson Junction
39. 10	Carter Judkins	21:54.2	Clayton Ridge Guttenberg
40. 12	Sawyer Gramlich	22:12.3	Kee Lansing
41. 10	Daniel Jones	22:29.2	Kee Lansing
42. 12	Logan Ross	23:56.6	MFL MarMac
43. 12	Dennis Hernandez	25:14.6	Postville Community
44. Fr	Payton Schultz	26:25.9	MFL MarMac

32. 9	Megan Tudahl	25:11.1	North Fayette Valley
33. 12	Maria Quiroz-Ordonez	25:23.2	Postville Community
34. 12	Ashton Schultz	25:31.4	North Fayette Valley
35. 10	Hannah Friedlein	25:34.5	Central Elkader
36. 12	Alexis Thiese	25:59.5	Central Elkader
37. 9	Madalyn Vsetecka	26:01.7	Turkey Valley Jackson Junction
38. 11	Layla Embretson	26:03.2	Central Elkader
39. 12	Mayra Galicia	26:09.0	Postville Community
40. 12	Hailey Gaul	26:13.2	Clayton Ridge Guttenberg
41. Fr	Paige Thomas	26:27.5	Clayton Ridge Guttenberg
42. 12	Aspen Rork	26:30.5	Central Elkader
43. 10	Sherlyn Teleguario-Ortiz	26:35.2	Postville Community
44. 10	Lilly Becwar	28:03.5	Central Elkader
45. 11	Lillian Kolsrud	28:12.2	Kee Lansing
46. 10	Pfeiffer Horns	28:39.8	Clayton Ridge Guttenberg
47. 12	Jacqueline Mateo	30:33.1	Postville Community
48. 12	Mollie Schaefers	32:20.5	Clayton Ridge Guttenberg
49. 11	Allyssa Sadewasser	32:53.0	Clayton Ridge Guttenberg

5,000 Meters Junior Varsity

Official Team Scores

1.	Central Elkader	23
2.	North Fayette Valley	41
3.	Clayton Ridge Guttenberg	68
4.	South Winneshiek	82

1. 11	Bryce Heller	20:12.9	Central Elkader
2. 11	Michael White	20:28.7	Central Elkader
3. 9	Sam Sass	21:02.1	North Fayette Valley
4. 12	Carter Kruger	21:42.2	Central Elkader
5. 9	Breckon Holst	21:50.0	Central Elkader
6. 11	Eli Higgins	21:52.1	South Winneshiek
7. 9	Isaac Brinks	22:22.7	North Fayette Valley
8. 9	Holden Griffith	22:29.5	North Fayette Valley
9. 9	Tytus Stansbery	22:31.5	North Fayette Valley
10. 9	Tate Armstrong	22:50.0	Clayton Ridge Guttenberg
11. 9	Griffin Koehn	22:54.6	Central Elkader
12. 10	Luke Cook	23:13.9	Clayton Ridge Guttenberg
13. 11	Anthony Sandoval	23:29.9	Clayton Ridge Guttenberg
14. 9	Andrew Kovarik	23:31.5	North Fayette Valley
15. 11	Kasey Thiese	24:02.1	Clayton Ridge Guttenberg
16. 11	Diego Flores	24:02.7	South Winneshiek
17. 12	John Donovan	24:16.4	South Winneshiek
18. Sr	Aiden Schoof	24:17.6	Clayton Ridge Guttenberg
19. 12	Caleb Lawrence	24:36.0	Clayton Ridge Guttenberg
20. 9	Matthew Donovan	24:45.0	South Winneshiek
21. 9	Aleczander Gearhart	24:51.2	North Fayette Valley
22. Jr	Spencer Horns	26:46.4	Clayton Ridge Guttenberg
23. 9	Henry Lensing	29:19.2	South Winneshiek
24. 12	Nathaniel Edwards	29:43.9	Clayton Ridge Guttenberg

2 Miles Junior High

5,000 Meters Junior Varsity

Official Team Scores

1. North Fayette Valley 15

1. 11	Emma Koether	24:35.0	MFL MarMac
2. 12	Katie Shimek	24:54.4	South Winneshiek
3. 10	Lauryn Sandstrom	25:28.7	MFL MarMac
4. 9	Lydia Van Gelder	26:01.8	North Fayette Valley
5. 9	Anna Swensen	26:05.2	North Fayette Valley
6. 11	Tristan Kuhse	26:11.8	North Fayette Valley
7. 10	Emma Driscoll	26:24.5	MFL MarMac
8. 11	Alivia Mueller	26:44.5	North Fayette Valley
9. 12	Lisbeth Trinidad	26:58.6	North Fayette Valley
10. 11	Cloey Zweibohmer	27:38.4	South Winneshiek
11. 10	Jisela Schupbach	27:43.6	North Fayette Valley
12. 11	Mariah Moser	28:37.5	MFL MarMac
13. 9	Mya Gregerson	30:09.9	Central Elkader
14. 11	Alexa Popenhagen	31:49.6	North Fayette Valley
15. 12	Brooke Tieden	33:08.1	Central Elkader
16. 10	Cora Steines	33:53.3	North Fayette Valley

2 Miles Junior High

Official Team Scores

1.	MFL Marmac	42
2.	South Winneshiek	43
3.	Kee Lansing	43
4.	Postville Community	48

Official Team Scores

1. South Winneshiek	10
2. North Fayette Valley	38
3. Clayton Ridge Guttenberg	61
4. Postville Community	65
5. Central Elkader	72

1. 8 Levi Winings	12:01.7	South Winneshiek
2. 8 Kort Steffens	12:14.7	South Winneshiek
3. 8 Tony Elsbernd	12:18.1	South Winneshiek
4. 8 Evan Taylor	12:18.7	South Winneshiek
5. 7 Jensen Bilden	12:21.3	North Fayette Valley
6. 7 Cade Zittergruen	12:49.5	Central Elkader
7. 7 Dirk Van Gelder	12:54.2	North Fayette Valley
8. 8 Trace Moser	13:04.3	MFL Marmac
9. 8 Brody Meyer	13:09.7	Kee Lansing
10. 7 Jameson Schissel	13:19.1	South Winneshiek
11. 8 Augie Wiltgen	13:21.9	South Winneshiek
12. 9 Cruz Reimer	13:43.2	Clayton Ridge Guttenberg
13. 8 Alixander Musus	13:45.8	Postville Community
14. 7 Josue Campos-Morales	13:46.5	North Fayette Valley
15. 7 Axel Acahua	13:55.6	South Winneshiek
16. 8 Sawyer Timp	14:02.4	South Winneshiek
17. 8 Jude Onken	14:14.2	MFL Marmac
18. 7 Kolten Willenborg	14:17.4	Clayton Ridge Guttenberg
19. 7 Sam Anderson	14:18.9	North Fayette Valley
20. 7 Zayden Ziemann	14:25.5	Postville Community
21. 8 Elliot Renk	14:39.3	Kee Lansing
22. 8 Linkon Scholbrock	14:42.9	South Winneshiek
23. 8 Lukas Friedlein	14:58.4	Central Elkader
24. 8 Parker Hefel	15:23.5	Clayton Ridge Guttenberg
25. 7 Declan White	15:25.3	North Fayette Valley
26. 7 David Reyna	15:37.7	Postville Community
27. 8 Ryder Dull	15:43.6	MFL Marmac
28. 9 Yosman Martin	15:46.0	Postville Community
29. 7 Matt Balk	16:12.5	Turkey Valley Jackson Junction
30. 7 Donte Howell	16:17.0	Clayton Ridge Guttenberg
31. 8 Tyler Gaul	16:33.1	Clayton Ridge Guttenberg
32. 7 Carver Starkweather	16:51.3	North Fayette Valley
33. 8 Xander Howard	16:56.1	Kee Lansing
34. 7 Ayce Clark	17:02.2	Central Elkader
35. 7 Kaleb Steele	17:22.8	Clayton Ridge Guttenberg
36. 9 Lucas Sadewasser	17:38.9	Clayton Ridge Guttenberg
37. 9 Gavin Dettbarn	17:46.7	Clayton Ridge Guttenberg
38. 7 Arthur Thiese	17:59.1	Central Elkader

5. North Fayette Valley 51

6. Clayton Ridge Guttenberg 103

1. 8 Tenley Deering	13:30.8	Postville Community
2. 8 Emma Grau	13:46.8	MFL Marmac
3. 8 Lille Cline	14:01.9	North Fayette Valley
4. 7 Trinly Trappe	14:26.8	MFL Marmac
5. 7 Ava Wegner	14:40.6	North Fayette Valley
6. 8 Olive Meyer	14:41.0	MFL Marmac
7. 8 Annebelle Scheidel	14:51.7	Turkey Valley Jackson Junction
8. 7 Brielle Gavin	14:54.3	Kee Lansing
9. 8 Kaylie Bruess	15:05.6	South Winneshiek
10. 7 Peyton Elsbernd	15:06.7	South Winneshiek
11. 7 Ashlyn Stein	15:14.7	Kee Lansing
12. 8 Maddie Mauss	15:18.0	Kee Lansing
13. 8 Hattie Conway	15:49.2	South Winneshiek
14. 9 Daisy Muxin-Moya	16:01.5	Postville Community
15. 8 Helen Maldonado	16:17.3	South Winneshiek
16. 8 Evelyn Dibert	16:19.6	Kee Lansing
17. 7 Natalia Mateo	16:19.9	Postville Community
18. 7 Ellyn Crandall	16:25.3	North Fayette Valley
19. 9 Julietta Roman	16:33.3	Postville Community
20. 8 Sophia Gonzalez	16:33.9	Postville Community
21. 7 Riley Timp	16:54.3	South Winneshiek
22. 7 Avery Peters	16:57.5	South Winneshiek
23. 8 Jenna Dahl	17:09.4	South Winneshiek
24. 8 Josie Connoly	17:16.5	Kee Lansing
25. 9 Rashell Westhoff	17:40.3	Clayton Ridge Guttenberg
26. 8 Kinsey Reicks	17:46.3	Turkey Valley Jackson Junction
27. 8 Rosilie Williams	17:53.3	Clayton Ridge Guttenberg
28. 8 Guadalupe Vivero	18:08.0	Postville Community
29. 8 Claire Orr	18:12.3	Central Elkader
30. 7 Brianna Wenthold	18:15.8	South Winneshiek
31. 7 Punnata Rakshit	18:41.1	North Fayette Valley
32. 8 Stormy Patzner	18:43.1	Clayton Ridge Guttenberg
33. 7 Charlotte Vagts	18:58.0	North Fayette Valley
34. 8 Blair Millard	19:33.7	Clayton Ridge Guttenberg
35. 7 Brenna Schlein	19:53.5	MFL Marmac
36. 7 Aime Hastert	22:45.0	MFL Marmac