

## 2024 IATC Girls 1A ALL-STATE Cross Country Team

*\*Prior All-State selections*

### **FIRST TEAM:**

Lili Denton 11	17:59.3	St. Albert, Council Bluffs
Nora Peterson 12***	18:28.5	Alta-Aurelia
Chloe Glosser 11*	18:31.9	Pekin
Katelyn Brandhorst 11**	19:01.2	Madrid
Madelyn Grothus 10*	19:09.6	Madrid
Kadence Huck 12*	19:11.0	Nashua-Plainfield
Lauren Krogmann 10	19:13.0	Starmont
Marie Yoder 10*	19:16.6	Hillcrest Academy
Karson Oberender 11*	19:20.8	Martensdale-St. Marys
Hallie Kelchen 11**	19:23.7	Cascade, W. Dubuque
Tyra Schupbach 11	19:26.0	West Bend-Mallard
Audra Burbridge 9	19:27.4	Maquoketa Valley, Delhi
Hannah Brandhorst 10*	19:28.2	Madrid
Kylie Rochholz 10*	19:32.3	Panorama, Panora
Lauren Hillesland 11*	19:40.4	North Iowa, Buffalo Ctr.

### **SECOND TEAM:**

Julia Swift 9	19:40.7	Bishop Garrigan, Algona
Emmerson Jedlicka 11	19:42.5	North Mahaska New Sharon
Maclaine German 11	19:42.8	Martensdale-St. Marys
Addy Tesch 11	19:44.7	Ridge View
Hannah Frank 12	19:53.0	Earlham
Jayden Peters 10*	19:56.6	Collins-Maxwell
Claire Zweibohmer 11	20:01.8	Riceville
Madelyn Reiter 12*	20:03.8	Beckman Catholic, Dyersville
Allysen Johnsen 11	20:05.4	Logan-Magnolia
Lydia Ives 11	20:06.0	Grand View Christian
Linnea Bloom 12	20:07.1	Sioux Central, Sioux Rapids
Mandeesa Vos 9	20:07.6	Lynnville-Sully
Ava Campbell 12**	20:08.6	ACGC
Iris Melody 11	20:09.1	South Central Calhoun
Adyson Lapel 12	20:12.4	Woodbine Community

# 2024 IATC Girls 2A ALL-STATE Cross Country Team

*\*Prior All-State selections*

## **FIRST TEAM:**

Noelle Steines 12***	18:12.8	Tipton
Laura Streck 10*	18:31.8	Van Meter
McKenna Montgomery 11**	18:43.4	Albia
Addison Liston 12	18:45.1	Unity Christian, Orange City
Scarlett Byrnes 11*	18:47.2	Osage
Amilia Condon 12	19:03.0	Union, La Porte City
Alyssa Richman 12**	19:15.2	Manson Northwest Webster
Brooklyn Stutzman 10	19:20.6	Mid-Prairie, Wellman
Mackenzie Wilson 12***	19:22.1	Jesup
Bethany Warren 12*	19:22.9	Forest City
Ashlynn Sauser 10	19:23.6	Oelwein
Reeve Ristau 12*	19:24.9	Denver
Delaney Eldridge 9	19:25.1	West Marshall, State Center
Rachel Hostetler 9	19:28.7	Mid-Prairie Wellman
Kendal Landstrum 10	19:29.3	Mid-Prairie Wellman

## **SECOND TEAM:**

Katie Young 11**	19:34.2	Unity Christian, Orange City
Bailey Vos 11*	19:36.4	Pella Christian
Addie Thompson 11	19:37.9	West Marshall, State Center
Lizzy McCann 11	19:38.9	Van Meter
Olivia Primrose 12	19:43.9	Vinton-Shellsburg
Kambrie Dekkers 9	19:49.2	Unity Christian, Orange City
Leah Koehler 12	19:57.0	Monticello
Eva Fleshner 11	19:59.1	Woodward-Granger
Kyrin DeGroot 12	20:00.2	Western Christian Hull
Mollie Hansen 11	20:00.5	Hudson
Claire Truesdell 12	20:00.7	Roland Story, Story City
Paige Popson 11	20:01.5	Albia
Peyton Ries 10*	20:02.0	Monticello
Tessa Brokaw 9	20:07.3	Mid-Prairie, Wellman
Laura Owen 12	20:11.4	Tipton

## 2024 IATC Girls 3A ALL-STATE Cross Country Team

*\*Prior All-State selections*

### **FIRST TEAM:**

Marissa Ferebee 11**	16:30.9	Pella
Elsie Brenneman 10	17:58.0	Pella
Ruth Dunham 10*	18:23.4	Pella
Lindsey Sonderman 12**	18:29.3	Harlan
Izzy Hardin 11*	18:35.4	Maquoketa
Grace Berglund 10*	18:42.4	Glenwood
Addison Bertrand 11	18:47.8	Bishop Heelan Catholic, Sioux City
Kyliee Zylstra 10	18:53.4	Grinnell
Natalie Anderson 10	18:58.6	MOC-Floyd Valley
Evelyn Moeller 10	18:59.1	Mount Vernon-Lisbon
Mara Schiebout 12	19:01.3	Pella
Carleigh Altwine 9	19:02.3	Pella
Alexis Hergenreter 10	19:02.3	North Polk, Alleman
Lizzy VandeVoort 9	19:05.8	Pella
Ava Hope 9	19:09.4	Winterset

### **SECOND TEAM:**

Maven Smith 10	19:13.1	Winterset
Lucy Murphy 11*	19:16.2	Wahlert, Dubuque
Mia Deegan 11	19:16.5	Xavier, Cedar Rapids
Ashlyn Rau 9	19:20.1	Harlan
Sydney Dee 12*	19:24.9	Solon
Audrina Jones 10*	19:24.9	Sioux Center
Molly Isakson 10	19:26.7	Sioux Center
Sarah Feddersen 12	19:27.1	Gilbert
Kienna Lassen 11	19:27.4	MOC-Floyd Valley
Stella Pothoven 10	19:30.8	Des Moines Christian
Addison Doughan 12*	19:34.4	Clear Lake
Addison Dabroski 11*	19:34.5	Marion
Olivia Volkmann 10	19:35.8	Decorah
Tierney Carter 11*	19:37.8	Oskaloosa
Morgan Back 11	19:38.7	Winterset

## 2024 IATC Girls 4A ALL-STATE Cross Country Team

*\*Prior All-State selections*

### **FIRST TEAM:**

Piper Messerly 10*	17:58.7	Dallas Center-Grimes
Anika Mohrhauser 12*	18:02.4	Ankeny Centennial
Charlee Gall 9	18:11.8	Cedar Falls
Nakia Olivierre 11**	18:18.5	Waterloo West
Evie Henneberry 12*	18:20.0	Dubuque Hempstead
Grace Boleyn 12**	18:23.6	Pleasant Valley
Alyx Woodley 11*	18:24.7	Johnston
Ani Wedemeyer 12*	18:24.8	Pleasant Valley
Claire Hoyer 12*	18:24.9	Dubuque Senior
Emma Chesterman 11	18:26.0	Dubuque Senior
Maddie Millage 10	18:26.1	Pleasant Valley
Payton Crabb 10	18:26.1	Johnston
Haley Hveem 12	18:28.4	Ankeny Centennial
Drew Beason 12***	18:30.1	Ankeny
Ele Wharton 10*	18:34.6	Johnston

### **SECOND TEAM:**

Dylan Moeller 12*	18:39.8	Davenport Central
Ella Jones 9	18:41.3	Waukee Northwest
Brynn Edgin 11*	18:43.1	Pleasant Valley
Joley Sullivan 9	18:43.4	Davenport Central
Michelle McConkey 11*	18:49.3	Waukee
Makenna Madetzke 11	18:49.5	Ankeny
Audrey Dummermuth 11	18:50.1	Johnston
Maddy Stevens 12*	18:50.3	Dallas Center-Grimes
Abigail Burns 11	18:51.1	Iowa City City High
Vivian McCombs 10*	18:52.6	Pleasant Valley
Allison Sheriff 10	18:52.9	Waukee Northwest
Emily Gorton 12	18:53.7	Dubuque Senior
Klaire Lietz 12*	18:54.6	Valley-West Des Moines
Kate Vogel 11	18:55.6	Valley-West Des Moines
Grace Hamann 10	18:55.6	Iowa City City High

## **2024 IATC Girls ELITE ALL-STATE Cross Country Team**

*\*Prior ELITE All-State selections*

Marissa Ferebee 11*	16:30.9	Pella
Elsie Brenneman 10	17:58.0	Pella
Piper Messerly 10*	17:58.7	Dallas Center-Grimes
Lili Denton 11	17:59.3	St. Albert, Council Bluffs
Anika Mohrhauser 12*	18:02.4	Ankeny Centennial
Charlee Gall 9	18:11.8	Cedar Falls
Noelle Steines 12***	18:12.8	Tipton
Nakia Olivierre 11*	18:18.5	Waterloo West
Evie Henneberry 12	18:20.0	Dubuque Hempstead
Ruth Dunham 10	18:23.4	Pella
Grace Boleyn 12	18:23.6	Pleasant Valley
Alyx Woodley 11	18:24.7	Johnston
Ani Wedemeyer 12*	18:24.8	Pleasant Valley
Claire Hoyer 12*	18:24.9	Dubuque Senior
Emma Chesterman 11	18:26.0	Dubuque Senior
Maddie Millage 10	18:26.1	Pleasant Valley
Payton Crabb 10	18:26.1	Johnston
Haley Hveem 12	18:28.4	Ankeny Centennial
Nora Peterson 12	18:28.5	Alta-Aurelia
Lindsey Sonderman 12*	18:29.3	Harlan
Drew Beason 12**	18:30.1	Ankeny
Laura Streck 10	18:31.8	Van Meter
Chloe Glosser 11	18:31.9	Pekin
Ele Wharton 10	18:34.6	Johnston
Izzy Hardin 11	18:35.4	Maquoketa
Dylan Moeller 12	18:39.8	Davenport Central
Ella Jones 9	18:41.3	Waukee Northwest
Grace Berglund 10	18:42.4	Glenwood
Brynn Edgin 11	18:43.1	Pleasant Valley
McKenna Montgomery 11*	18:43.4	Albia
Joley Sullivan 9	18:43.4	Davenport Central

(ELITE All-State are top 30 times at the State Championship, regardless of class.)